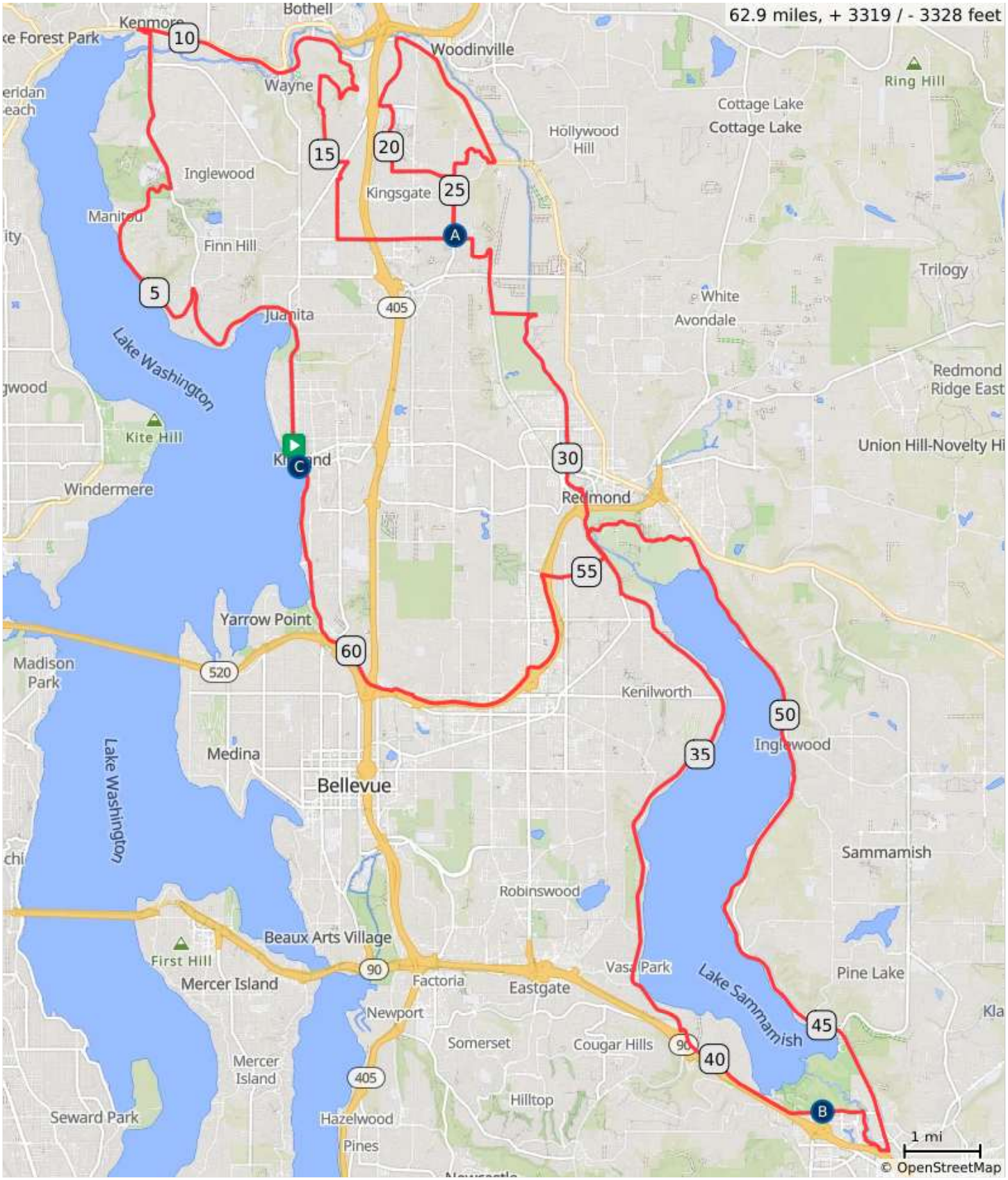
# 7 Hills 0f Kirkland 2027 - Metric Route (A)

| | | | |
|---|---|---|---|
| A. | 132nd LDS rest Stop | C. | Mariana Park Entrance |
| B. | Sammamish State Pk Rest Stop | | |



| | | |
|---|---|---|
| 1. | 0.0 | Start of route |
| 2. | 0.0 | Straight onto Lakeshore Plaza Drive |
| 3. | 0.1 | Stay Straight onto Market Street |
| 4. | 2.0 | L onto Northeast Juanita Drive |
| 5. | 4.1 | L onto 76th Place Northeast |
| 6. | 4.4 | Keep R onto Holmes Point Drive Northeast |
| 7. | 7.1 | L onto Juanita Drive Northeast |
| 8. | 8.8 | L - Cross Junita Dr. to enter new bike trail |
| 9. | 8.8 | R - Enter bike trail to cross bridge |
| 10. | 9.2 | L onto Northeast 175th Street |
| 11. | 9.4 | R -Follow path to the Burke -Gilman Trail |
| 12. | 9.4 | R onto Burke-Gilman Trail |
| 13. | 10.2 | Continue onto Burke-Gilman Trail |
| 14. | 11.5 | Go straight over Bridge . Stay on the Burke-Gilman trail |
| 15. | 11.6 | R - Leave the Burke-Gilman trail |
| 16. | 11.6 | L onto West Riverside Drive. Stay on Road as it becomes the East Riverside Drive |
| 17. | 12.6 | R onto 108th Avenue Northeast |
| 18. | 13.2 | Sharp R onto 108th Place Northeast |
| 19. | 13.9 | L onto 104th Avenue Northeast |
| 20. | 15.1 | L onto Northeast 145th Street |
| 21. | 15.4 | R onto 109th Avenue Northeast |
| 22. | 15.7 | R onto Northeast 143rd Street |
| 23. | 15.7 | L onto 108th Avenue Northeast |
| 24. | 16.5 | L onto Northeast 132nd Street |
| 25. | 18.0 | L onto 132nd Avenue Northeast |
| 26. | 18.9 | L onto Northeast 143rd Street |
| 27. | 19.7 | R onto 119th Place Northeast |
| 28. | 20.6 | L onto Northeast 160th Street |
| 29. | 20.7 | R onto Brickyard Road |
| 30. | 21.7 | R onto Northeast Woodinville Drive |
| 31. | 23.9 | R - Take first road off the traffic circle (NE 145th Street) |
| 32. | 23.9 | Slight R onto Northeast 145th Street |
| 33. | 24.0 | R onto 138th Way Northeast |
| 34. | 24.2 | R onto 36th Place Northeast |
| 35. | 24.4 | L onto 134th Avenue Northeast |
| 36. | 24.7 | L onto 132nd Avenue Northeast |

24.7 miles. +2127/-1794 feet

| | | |
|---|---|---|
| 37. | 25.7 | L onto Northeast 132nd Street |
| 38. | 25.9 | R onto 136th Avenue Northeast |
| 39. | 26.2 | L onto Northeast 128th Street |
| 40. | 26.4 | L. Enter the Bike Path on the L side of the road. |
| 41. | 26.8 | At the bottom of the hill Cross NE 124th Street and enter the Trail on the L of Willows Rd. |
| 42. | 26.8 | Stay on the Redmond Central Connector Trail |
| 43. | 27.3 | L onto Northeast 116th Street |
| 44. | 27.9 | R towards the parking lot at 150th Avenue Northeast |
| 45. | 27.9 | R into the parking lot towards the Sammamish River Trail |
| 46. | 28.0 | L onto Sammamish River Trail |
| 47. | 29.8 | Continue onto Sammamish River Trail |
| 48. | 29.8 | Keep R onto Sammamish River Trail |
| 49. | 30.6 | Keep L onto Sammamish River Trail |
| 50. | 30.6 | R onto Sammamish River Trail |
| 51. | 30.6 | R onto Marymoor Connector Trail |
| 52. | 31.3 | R |
| 53. | 31.7 | R cross the Sammamish Pkwy |
| 54. | 31.7 | L onto West Lake Sammamish Parkway Northeast |
| 55. | 32.2 | L at the light and follow the NE Sammamish Pkwy |
| 56. | 39.3 | Keep R onto West Lake Sammamish Parkway Southeast |
| 57. | 39.4 | At roundabout, take third exit onto West Lake Sammamish Parkway Southeast |
| 58. | 41.3 | L onto Sammamish Lake Place Northwest |
| 59. | 41.4 | R onto Sammamish Multiple Use Trail |
| 60. | 41.8 | Slight L onto Sammamish Multiple Use Trail |
| 61. | 41.8 | Slight R onto Sammamish Multiple Use Trail |
| 62. | 42.8 | L |
| 63. | 43.1 | Slight L |
| 64. | 43.1 | L onto East Lake Sammamish Trail |
| 65. | 45.2 | Continue onto East Lake Sammamish Trail |

20.6 miles. +529/-792 feet

| | | |
|---|---|---|
| 66. | 49.1 | R onto East Lake Sammamish Lane Northeast |
| 67. | 49.1 | L onto East Lake Sammamish Parkway Northeast |
| 68. | 49.2 | L |
| 69. | 49.2 | R onto East Lake Sammamish Trail |
| 70. | 51.3 | Continue onto East Lake Sammamish Trail |
| 71. | 52.8 | L onto Marymoor Connector Trail |
| 72. | 54.3 | L onto Marymoor Connector Trail |
| 73. | 54.3 | L onto Marymoor Connector Trail |
| 74. | 54.4 | R onto Marymoor Park Road |
| 75. | 54.4 | L onto West Lake Sammamish Parkway Northeast |
| 76. | 54.6 | Keep R onto West Lake Sammamish Parkway Northeast |
| 77. | 54.8 | R onto Northeast 51st Street |
| 78. | 55.7 | L onto SR 520 Trail |
| 79. | 59.0 | L onto Northeast 24th Street |
| 80. | 59.3 | R onto Northup Way |
| 81. | 60.5 | Keep R and drive toward Lake Washington Boulevard Northeast |
| 82. | 60.6 | Slight R onto Lake Washington Boulevard Northeast |
| 83. | 61.4 | At traffic light take L fork in road. |
| 84. | 62.8 | Keep R onto Lake Street South |
| 85. | 62.8 | Sharp L onto Kirkland Avenue |
| 86. | 62.8 | R onto Lakeshore Plaza Drive |
| 87. | 62.9 | L ride under Finish Arch |
| 88. | 62.9 | Mariana Park Entrance<br>Finish Line Arch |

17.6 miles. +578/-610 feet