



# Kiwaniis

# Kitchener-Waterloo

## Kiwanis Club

226 Ingleside Place, Kitchener , ON, N2M 2H2  
www.kwkiwanis.org

www.kiwanis.org

November 30, 2023

### CLUB OFFICERS

President

**Daisy Arseneault**

daisyarseneault@hotmail.com

Past President

**Marilyn Motz**

gmmotz@golden.net

President-elect

**TBD**

Treasurer

**John Vieth**

john@johnvieth.ca

Secretary

**Shelley DesCotes**

sdescotes@rogers.com

Directors

**Lou Gere, Ian Inglis, Alan Chalmers, Andrew Wilkin**

### What's Inside:

Section 1

Regular Meetings

Section 2

Activities & Events

Section 3

Upcoming Events & Volunteer Opportunities

Section 4

Service Leadership Clubs

Section 5

Membership

Section 6

Committees & Reports

Thanks to all our K-W Kiwanis members who are sending in photos and stories for the newsletter. Whenever you have input or suggestions please continue to contact our newsletter editor Steve Rand at waterloorands@gmail.com.

**Important Message for all Members:** Meeting announcements for Committees will not be listed in the December calendar. Please connect with your Committee Chairs to determine flexible December meeting times (if any) that address holiday schedules. Thank you for your service!

#### "Who" is Kiwanis and what is our Impact?

Kiwanis clubs and members conduct service projects. They hold fundraisers. They donate to the Kiwanis Children's Fund. They change children's lives in their own communities and through international initiatives — helping young people develop mentally, physically and emotionally

Every year, Kiwanis members stage more than 150,000 service projects, devote more than six million hours of service and raise nearly US\$100 million for children, families and communities around the world. Kiwanis club projects are based on the community's needs — we build playgrounds, purchase medical equipment, stuff backpacks with school supplies, restock libraries and much more.

#### Join us:

Chartered in 1921, we are the oldest service club in the Kitchener-Waterloo area. We are always looking for new members to serve the community! Interested in donating a little time, money, or elbow grease to serve the needy, the deserving, and kids throughout the Waterloo Region? Every year we welcome new members to the club who want to help do exactly that. They have stepped up to help and we need still more volunteers and members to socialize and serve with integrity. Join us in our efforts to provide scholarships to deserving students, run the Kiwanis Music Festival or the Waterloo Park Wonders of Winter (Festival of Lights), have some fun at Bingo night, or support our Food4Kids and Food Bank teams. Pick some of our activities and let the good times roll. Reward yourself with service. Become a leader. We are celebrating over 100 years of community service.



#### President's Message:

Greetings to K-W Kiwanians near & far. Many of you are traveling and keeping in touch wherever you go and we're so grateful for your long distance support and all the local support here in Kitchener-Waterloo as well. We've had a wonderful start to a new Kiwanis year as we have activated our committees and empowered or mentored our Committee Chairs and new members. Our Chairs, treasurer and treasurer-in-training have set us up for an exciting year but why do we do what we do?

One of our local Key Club Presidents, who also serves as the Lieutenant Governor of Division 2-3 of Eastern Canada and the Caribbean, Grade 11 student at Cameron Heights High School, Heeva Torabi, shared with me why she loves Key Club: "As a Key Club leader, I am able to get my passions, as well as those of others, in action! With its large community of active youth, and helpful adults, Key Club allows us to give back to the community that we love while creating positive change, and growing as leaders. Key Club builds a bright future for those involved, and I hope to continue on with my Key Club journey in the years to come."

When you're a K-W Kiwanian, you get a front row seat to watch youth and community blossom. Thank you K-W Kiwanians for all that you're doing to make this happen - especially Shelley des Cotes for her long-term devotion to Key Clubs at Cameron Heights and St. Mary's. These youth are so grateful to you!

#### 1. Meetings:

At our regular lunch meetings we get together for fellowship and planning. Prospective members are welcome to attend. The meetings are free (except there is no free lunch!) and once a month we host expert guest speakers to discuss a wide range of topics that give us insight and inspiration to carry over into our

activities and projects. Lunch meetings are currently held at noon on Tuesdays throughout the month at the Westmount Golf Club in Waterloo. Check our calendar for other (evening) meeting times or contact our membership chair at [kwkiwanismembership@gmail.com](mailto:kwkiwanismembership@gmail.com) to confirm time and place.

**Our 2023 November speaker was:**

Lee Ann Hundt, Executive Director, K-W Urban Wigwam Project

Lee Ann has been Executive Director for K-W Urban Native Wigwam Project for nearly 5 years. She attended Cambrian College in Sudbury to become a Native Child & Family Worker (social work program) to assist indigenous families and has served on numerous boards in the community over the last two decades. She has been a resident of Kitchener since 1998, actively working with the indigenous community since 2004. She herself is an Anishnaabe woman from Sagamok First Nations, a mother of four and grandmother (nokomis) of three who enjoys spending time with her family and helping others.



Lee Ann has a strong connection to her Native culture and enjoys educating others. Lee Ann is a Sixties Scoop Survivor and her Grandparents are both Residential School Survivors. In her current role as Executive Director, Lee Ann manages and supports 146 indigenous families or individuals in various places in the Waterloo Region with 24 staff and several student interns.



**2. Activities & Events:**

For a complete listing of past and future events and volunteer opportunities, see the K-W Kiwanis Calendar.

**November 4** The K-W Kiwanis Key Club held a fall rally organized by Key Club President Heeva Torabi who is a student at Cameron Heights Highschool in Kitchener. The Rally was hosted by President Daisy Arseneault who provided setup and clean-up support at her church and was attended by 25 students from Cameron Heights and St. Mary's High Schools, the faculty advisor Jennifer from Cameron Heights and Kiwanian Shelley Des Cotes. Member of Parliament Mike Morrice also participated in the event.



Students spent the day creating over 1,000 positivity cards that will be sent to Waterloo region school children who receive Food4Kids packages. They also had the opportunity to listen to talks about community volunteerism by Member of Parliament Mike Morrice (Green Party) and Community Closet co-founder Melaia Arseneault. Workshops were also organized and presented by Key Club members throughout an inspiring day of student service leadership. The K-W Kiwanis Club is proud of all the hard work by Key Club leaders and attendees of the rally.





**November 4** A Division 5 Council Meeting for leadership training was held in Stratford at the Avondale United Church. It was attended by K-W Kiwanis president Daisy Arseneault and former presidents Angela Vieth and Joan Horsey-Richardson.



**November 6-10** Key Club Week. Each day of Key Club Week corresponded to an activity — from completing random acts of kindness to displaying Key Club pride — that spread the word about Key Club's commitment to student leadership and community service.

**November 7** The K-W Kiwanis Board held its November meeting at 5:30 pm

**November 9** Bingo night was held 5:30-9:30 pm at the K-W gaming Centre

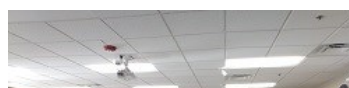
**November 14** Regular meeting of K-W Kiwanis. Also the Meetings & Programs committee met at 7:00 pm

**November 15** Fundraising & New Ideas committee met at 7:00 pm

**November 18** Kiwanis Key club members and volunteers began to set up the Wonders of Winter displays at 8:30 am in Waterloo Park. K-W Kiwanian Kevin Twomey had feet on the ground and sent us some pictures.



**November 19 Interclub activities** - Food packing for the Kids Coalition against Hunger in Ann Arbor Michigan. K-W Kiwanis member Paula Rand joined Kathy Wilder in Ann Arbor Michigan and nearly 70 volunteers of Kiwanis Ann Arbor to pack 10,000 meals in an hour and a half to support the charitable organization Kids Coalition Against Hunger ([www.kidscoalitionagainsthunger.org](http://www.kidscoalitionagainsthunger.org)).







Wholesome meals combining rice, protein, and dried vegetables - enough to feed 4-6 people at a sitting - were prepared, weighed and sealed in plastic bags under sanitized conditions for distribution by KCAH.

**November 21** Kiwanis dinner meeting was held at 5:30 pm. The speaker for the evening was Lee Ann Hundt Executive Director of the Urban Native Wigwam Project in Kitchener-Waterloo speaking about affordable housing for indigenous people of the region.

**November 23** Public Relations & Marketing committee met at 7:00 pm

**November 25** The Wonders of Winter sponsored by K-W Kiwanis officially opened. This annual Festival of Lights will be on display in Waterloo Park from 5:00-10:30 pm every night until January 1, 2024.

**November 28** The Affordable Housing committee met at 9:30 am. The regular Kiwanis meeting took place at noon. The Music Festival Committee also met at 7:00 pm.

### 3. Upcoming Events & Volunteer Opportunities

For a complete listing of past and future events and volunteer opportunities, see the K-W Kiwanis Calendar at [www.kwkiwanis.org](http://www.kwkiwanis.org).

The **Waterloo Wonders of Winter** (Festival of Lights) will continue through the holiday season and K-W Kiwanis will be there! Waterloo Park will be decked out with more dynamic light shows and holiday scenes than ever from dozens of sponsors thanks to the energetic setup of Key Club and regular members of K-W Kiwanis. Stroll through the park and cultivate that holiday spirit - in the Kiwanis way.

**December 5** Holiday dinner with flamenco guitarist Juneyt and live & silent auctions at Westmount Golf and Country Club. Appetizers at 5:30 pm, music at 5:45 pm, and dinner at 6:00 pm (see announcement below).



**December 25** Again this year K-W Kiwanians will assist Meals on Wheels delivering meals to spread cheer to seniors who are alone this holiday season.

**December 31** Expect a new look on our website in 2024 as we make the transition from service provider Portalbuzz to WordPress hosted by Kiwanis International. The new site provides an interim solution hosted by KI that will have most of the functionality of our previous site. Most importantly it will have an events calendar to keep us all up-to-date with committee meetings and volunteer opportunities.

### 4. Service Leadership Clubs:

- Circle K International for university students
- Key Club for students age 14-18
- Builders Club for students age 11-14
- Kiwanis Kids for students age 6-12
- Aktion Club for adults living with disabilities

### 5. Membership:

Interested in joining us? Please contact our membership chair at [kwkiwanismembership@gmail.com](mailto:kwkiwanismembership@gmail.com) or a member of K-W Kiwanis whom you may know. Just have questions? Send us email at [info@kwkiwanis.org](mailto:info@kwkiwanis.org).

## 6. Committees & Reports:

Committee reports are received each month at the Board meeting of the Club Officers and Directors at Westmount Golf Club. Committee work is essential to smooth functioning of the Club and all members are encouraged to participate in at least one of our thirteen committees. Typically, assignments require an average of only 1-2 hours per month. K-W Kiwanis committees have the charters outlined below.

### Affordable Housing

Charter: Work with Property Management to oversee the operations of the Cedar Court and Valley View housing units owned by Kiwanis.

### Fundraising

(a) New Ideas (Receive & evaluate proposals for new fundraising activities. Interface with the Board to approve new initiatives.)  
(b) Bingo (Organize and recruit volunteers for bingos run by K-W Kiwanis. Train volunteers.)  
(c) Calendar  
Sales (Organize the calendar created by K-W Kiwanis for fundraising. Recruit advertisers, determine winners of cash draws and allocate prizes.)

### Scholarships & Bursaries

Charter: Determine criteria for the evaluation of scholarship and bursary applications. Receive and review applications. Select recipients and personally communicate/deliver the awards.

### Membership

Charter: Advise members on how to introduce prospective members to Kiwanis and provide welcome packets for new members. Meet once a quarter to plan recruitment and retention. Approve new member applications and forward them to the Board. Review honorary memberships annually. Check on absentee or delinquent members.

### Music Festival

Charter: Continue to refine and improve all aspects of the renowned Kiwanis Music Festival's operation. Develop and utilize permanent check lists for all aspects of the festival so nothing is missed and we continually learn from mistakes and maintain improvements. Create fundraising vehicles specifically for the music festival with the goal of being financially self-sufficient.

### Service Leadership Programs

Charter: Provide liaison between Kiwanis student organizations and our membership. Look for every opportunity to initiate Kiwanis student organizations and activities. Provide necessary support to all sponsored Kiwanis student organizations. Help out with Key Service Leadership training events.

### Program & Club Meetings

Charter: Plan and improve the regular club meetings to keep them interactive, fun and informative. Make everyone feel that time spent at meetings is "time well spent". Maintain sociability among members as a top priority by planning outside activities that foster good fellowship.

### Financial Investment - Vacant

### Marketing & Public Relations

Charter: Raise awareness of Kiwanis in our community. Publicize events. Maintain the club website and social media outlets. Distribute a regular newsletter to keep members up to date and assist with community outreach and recruitment.

### New/Existing Projects

Charter: Assess all requests for funds submitted to the club with respect to how well they meet our criteria and make their recommendations to the membership. Manage existing projects, recommend their continuance or discontinuance. Search for new club service projects, making sure they meet our criteria, and present them as options to the membership.

Criteria:  
(a) regional effect, not national  
(b) involves children and youth  
(c) Improves quality of life in some way  
(d) Involves as many of our members as possible