



Kitchener-Waterloo
 Kiwanis Club
 226 Ingleside Place, Kitchener, ON N2M 2H2
 www.KwKiwanis.org

www.kiwanis.org

Newsletter

July 31/2024

Club Officers:

President:

Daisy Arseneault
daisyarseneault@gmail.com

Past President

Marilyn Motz
gmmotz@golden.net

President-Elect:

Keri Cameron (2025)

Secretary:

Shelley Des Cotes
sdescotes@rogers.com

Treasurer: John Vieth

john@johnvieth.ca

Directors: Lou Gere, Ian Inglis, Alan Chalmers, Andrew Wilkin

What's Inside

*****Special Call for Coats***
 (See page 4)**

- Section 1** - Regular Meetings
- Section 2** - Activities & Events
- Section 3** – Upcoming Events & Volunteer Opportunities
- Section 4** – Service Leadership Clubs
- Section 5** – Membership
- Section 6** – Committees & Reports

Send photos & news to editor Steve Rand at waterloorands@gmail.com

"Who" is Kiwanis and what is our Impact?

Kiwanis clubs and members conduct service projects. They hold fundraisers. They donate to the Kiwanis Children’s Fund and scholarship programs. They change children’s lives in their own communities and through international initiatives — helping young people develop mentally, physically and emotionally.

Every year, Kiwanis members stage more than 150,000 service projects, devote more than six million hours of service and raise nearly US\$100 million for children, families and communities around the world. Kiwanis club projects are based on community needs. We build playgrounds, purchase medical equipment, run foodbanks, develop youth leadership, restock libraries and much more.



President’s Message:

The K-W Kiwanis Club should be proud of the sponsorship provided to our local Key Club Lieutenant Governor, Heeva Torabi, who was a strong and smart candidate for International Trustee at the 2024 Key Club International Convention in Atlanta Georgia. While Heeva did not win, she said she had an amazing experience and expressed deep

gratitude to Shelley Des Cotes, her Kiwanis Advisor, and the K-W Kiwanis Club for sponsoring her participation (See more on this story on p.5). She shared the following;

"You, our district, and my family inspired me to work hard by making a bunch of flashcards with caucusing questions, educating myself on the Kiwanis family, memorizing my speech by heart, and planning out the perfect outfits...I was very proud of my performance. I felt nothing but confidence going into the ten different

caucusing rooms".

What an incredible experience for Heeva! This is what Kiwanis is all about for me, seeing youth develop their talents, grow and become future leaders of Kiwanis and within our communities. Thank you for all that you do to support Kiwanis so that we can continue to change the world by believing, nurturing and supporting our Kiwanis youth.

Join us:

Chartered in 1921, we are the oldest service club in the Kitchener-Waterloo area. We are always looking for new members to serve the community ! Interested in donating a little time, money, or elbow grease to serve the needy, the deserving, and kids throughout the Waterloo Region? We are welcoming new members to the club all the time who want to help do exactly that. They have stepped up to help and we need still more

volunteers and members to socialize and serve with integrity. Join us in our efforts to provide scholarships to deserving students, run the Waterloo Park Wonders of Winter (Festival of Lights), have some fun at Bingo night, or support our Food4Kids volunteer teams. Pick some of our activities and let the good times roll. Reward yourself with service. Become a leader. We are celebrating over 100 years of community service.

1. Regular Meetings At our Board and club meetings we get together for fellowship and planning. Prospective members are welcome to attend. The meetings are free (except there is no free lunch !) and once a month we host expert guest speakers to discuss a wide range of topics that give us insight and inspiration to carry over into our activities and projects. Board meetings are currently held at 5:00 pm on the first Tuesday of the month at the Westmount Golf Club in Waterloo. Check our calendar for other (evening) meeting times or contact our membership chair to confirm time and place at kwkiwanisclub@gmail.com.

July 2 The monthly meeting of the Board was held at Westmount Golf & Country Club in Kitchener.

July 3 Kiwanis International Convention 2024 took place in Denver July 3-6. Diana Nyad was the Keynote Speaker. Attendees learned about the power of perseverance from this record-breaking endurance athlete, motivator and journalist. In September 2013, Nyad finished a 110-mile swim from Cuba to Florida, fulfilling a 35-year quest to be the first person to complete the feat. "NYAD" — a feature film starring Annette Bening as Nyad — was released in November 2023. Nyad inspired conferees to keep reaching for their goals.

For more information visit the site:

<https://diananyad.com>

2. Activities & Events

For a complete listing of past and future events and volunteer opportunities, see our complete calendar at kwkiwanis.org.

July 13 A Club Leadership Education Workshop organized by Lieutenant-Governor David MacLennan took place in Stratford from 9 am-2 pm at Avondale United Church 194 Avondale Ave, Stratford and K-W Kiwanis was there in force.



The K-W Kiwanis Club was well represented in Stratford. Among the attendees: LG-Elect Angela Vieth, President Daisy Arseneault, Secretary Shelley Des Cotes, Treasurer-Elect Maureen Farkouh and Board of Directors-Elect Kevin Twomey (representing the Membership Committee).

July 16 A potluck barbeque was held for all K-W Kiwanis members at the home of John and Angela Vieth. The event was well attended and although the rain held off we took over the whole house and gazebo !



John roasted a brisket on his wood-fired stove and guests added tasty samosas, potato and green salads, mango salsa, casseroles, and beverage of choice. The chip dippers took over the gazebo and even the pool was put to use. Thanks John & Angela !

July 18 Bingo night was held at the K-W Gaming Centre in Kitchener.

July 20 The annual Waterloo Jazz Festival took place at City Hall and our very own Kiwanians Kevin Twomey and Jan Alexanian were there volunteering at the Waterloo Create tent.



Attendance at the Jazz Festival was light in the afternoon but the square filled up every evening for the big name headliner groups.

July 21 The marketing committee met by Zoom to finalize banner and poster designs for the upcoming K-W Kiwanis Kids Day to be held August 3 in Kiwanis Park.

We still need volunteers to take a 3-hour shift at the park to help make Kids Day a big success ! Some of our Key Club members have signed up and we hope more regular club members do the same.

July 23 Frank Prospero of Satellite Housing called an optional budget planning meeting at Cedar Court. Interested parties were able to attend in-person or via Teams.

July 30 Fundraising and Marketing meeting.



Funding & marketing committee members prepare for Kids' Day

July 31 The Mike Farwell Show on CityNews 570 hosted an interview with Angela Vieth, Keri Cameron, and Steve Rand to showcase the upcoming Kids Day.

3. Upcoming Events & Volunteer Opportunities

For a complete listing of past and future events and volunteer opportunities, see our Event Calendar at www.kwkiwanis.org.

Immediate: August Call for Coats

The next K-W Kiwanis fundraiser will be a coat sale. The plan is to hold it Oct.19, 2024 in the Cedar Court common room. We hope to draw folks from the Kitchener Market to buy Kiwanis coats at irresistible prices.

In order to implement this plan we are looking for **coat donations** throughout

September from your surplus or from your family, friends and neighbours. In addition we need **your suggestions for 12 strategic companies** that will accept a donation box on site in their lobby for a month beginning September 9, 2024. Our goal is to collect all types and sizes, from kids jackets to adult parkas, and give them a new home.

Please send us suggestions of businesses that you think will host a donation box for coats. We also need **6 happy volunteers** who will monitor two donation boxes each during the collection period Sept.9 - Oct.9. Monitoring simply means collecting donations and inspecting the coats for damage or stains. We only plan to sell clean, gently-used clothing. Notify coat drive organizer Paula Rand in Aug.-Sept. if you have business connections, old coats, hangars, or volunteer time. Help address a community need while raising more funds for our service fund.

August 1 Ayr Rubber Duck Race

August 3 Mark your calendars. K-W Kiwanis hosts a Kids Day at Kiwanis Park in Waterloo from 11:00 am -5:00 pm.

A vibrant, colorful poster for 'KIWANIS KIDS DAY AT KIWANIS PARK!'. The poster features a large graphic of a child jumping into water. Text on the poster includes: 'KIWANIS KIDS DAY AT KIWANIS PARK!', '100 YEARS', 'August 3rd, 2024 11:00am - 5:00pm', 'Kiwaniis Park 1000 Kiwanis Park Dr., Kitchener, ON N2K 3N6', '\$15-\$25.00 CASH accepted at the gate!', 'THE ACTIVITIES: Swimming, Face Painting, Bouncy Castle, Food Truck, Percussion Party, Treats & more!', 'AUG. 3RD', and logos for sponsors: 'COSTCO WHOLESALE', 'STACEY MUIRHEAD CAPITAL MANAGEMENT', 'Blue Skies BEHAVIOUR SERVICES INC.', and 'Sorbara LAW Sorbara, Schunicher, McCann LLP'.

The K-W club will offer a special Kiwanis admission package including attractions such as all-day access to the swimming pool, a bouncy castle, free freezies for the kids, a drumming circle with Bandology, giant Jenga, Connect Four, Corn Toss, and a food truck. Find us on the July 31 Mike Farwell Show (CityNews 570) and Eventbrite.com !

4. Service Leadership Clubs

K-W Kiwanis runs Leadership clubs to engage young and old:

Circle K International for college students: First year UW students Cesar Arriojas and Shradhaa Srikanth have informed us that their re-launch of the University of Waterloo Circle K club has a roster of over two dozen members already. Although college students generally leave town for the summer months, Cesar and Shradhaa plan to volunteer their help at Kids Day in August. We look forward to closer ties with the student leadership group in the fall when everyone returns for classes. If others remain in town Aug. 3 we hope they join in the fun at Kiwanis Kids Day.

Circle K International (CKI) is the largest student-run volunteer organization of its kind, with over 12,600 members on over 500 campuses in 17 countries. CKI mirrors the mandate of Kiwanis at the university level in making our community a better place to live, through service, with a special emphasis on helping children.

Key Club for students age 14-18:

The Key Club is currently directed by new Lieutenant Governor Krupa who was elected to this leadership position in the spring. In August Key Club members will be volunteering along with K-W Kiwanis members to run the Kids Day at Kiwanis Park on the Grand River. The Key Club operates under the guidance of K-W Kiwanian Shelley Des Cotes.

This year, the 2024 Key Club International Convention was held in the Atlanta Hilton from July 10-14. LG Heeva Torabi from the Kitchener-Waterloo region represented Eastern Canada.



Our local Key Club Lieutenant Governor Heeva Torabi received travel sponsorship from K-W Kiwanis.



Heeva participated in the Global Leadership Certificate Masterclass.



5. Membership

Interested in joining us? Let us know at kwkiwanismembership@gmail.com or contact a member of K-W Kiwanis whom you may know. Just have questions? Send us email at kwkiwanisclub@gmail.com.

6. Committees & Reports

Committee reports are received at the monthly Board meeting by the K-W Kiwanis Club Board Members. Committee work is essential to smooth functioning of the club and all members are encouraged to participate in at least one of our eleven committees. Typically, assignments require an average of only 1-2 hours per month. K-W Kiwanis committees have the charters outlined below. Check the club calendar and connect with your committee chair each month to verify when and where your meetings will take place.

Affordable Housing

Charter: Work with Property Management to oversee the operations of the Cedar Court and Valley View housing units owned by Kiwanis. Report to the Board.

Chair: Lou Gere

Members: Daisy Arseneault, Lou Gere, Ian Inglis, Stephen Rand, Angela Vieth, Andrew David Wilkin, Greg Wood, Greg Moore

Fundraising

(a) New Ideas (Research and develop ideas and activities to raise funds for general club use or for a specific reason as agreed from time to time. Review “New & Existing Service Projects”).

Chair: Maureen Farkouh

Members: Daisy Arseneault, Paula Rand, Jean Stacey, Angela Vieth, Sandeep Shroff, Tanner Bergsma

(b) Bingo (Organize and recruit volunteers for bingo training and supervision by K-W Kiwanis.)

Chair: Lou Gere

Members: Maureen Farkouh, Gary Keller, John Vieth, Mike Wolf, Greg & Michelle Wood

Bursaries

Charter: Determine criteria for the evaluation of academic bursary applications. Receive and review applications. Select recipients and personally deliver the awards.

Chair: Lou Gere

Members: Jan Alexanian, Gary Keller, Stephen Rand, Paula Rand, Jean Stacey

Membership

Charter: Provide advice to anyone who may need help in their approach to prospective new members. Meet quarterly to plan membership recruitment and retention.

Approve new member applications and bring them to the Board. Review honorary members annually. Check on absentee and delinquent members.

Chair: Keri Cameron

Members: Daisy Arseneault, Maureen Farkouh, Ian Inglis, Kevin Twomey, Angela Vieth, Andrew David Wilkin, Greg Moore

Music Festival

Charter: Continue to refine and improve all aspects of the renowned Kiwanis Music Festival’s operation. Develop and utilize permanent check lists for all aspects of the festival so nothing is missed. Learn from mistakes and maintain improvements.

Create fundraising vehicles specifically for the music festival with the goal of being financially self-sufficient.

Chair: Shelley des Cotes

Members: Danielle Beck, Keri Cameron, Jaime Downey, Maureen Farkouh, Ian Inglis, Angela Vieth, Mike Wolf

Service Leadership Programs

Charter: Provide liaison between Kiwanis student organizations and our

membership. Look for every opportunity to initiate Kiwanis student organizations and activities. Provide necessary support to all sponsored Kiwanis student groups. Help out with Key Service Leadership training.

Chair: Shelley des Cotes

Members: Angela Vieth, Kevin Twomey, Sandeep Shroff

Program & Club Meetings

Charter: Plan and improve the regular club meetings to keep them interactive, fun and informative. Make everyone feel that time spent at meetings is “time well spent”. Maintain sociability among members as a top priority by planning outside activities that foster good fellowship.

Chair: Daisy Arseneault

Members: Keri Cameron, Kevin Twomey

Financial Review Committee

Charter: Perform an annual review of the financial reports of the treasurer and Property Management.

Chair: Greg Wood

Members: Andrew Kelly, Andre Arseneault

Marketing & Public Relations

Charter: Raise awareness of Kiwanis in our

community. Publicize events and club news. Maintain the club website and social media outlets. Distribute a regular newsletter to keep members up to date and assist with community outreach and recruitment.

Chair: Stephen Rand

Members: Daisy Arseneault, Kevin Twomey, Andre Arseneault

New/Existing Projects

Charter: Assess all requests for funds submitted to the club with respect to how well they meet our criteria and make their recommendations to the membership. Manage existing projects, recommend their continuance or discontinuance. Search for new club service projects, making sure they meet our criteria, and present them as options to the membership.

Criteria:

- (a) regional effect, not national
- (b) involves children and youth
- (c) Improves quality of life in some way
- (d) Maximize member involvement

Chair: Daisy Arseneault

Members: All club members