



Kitchener-Waterloo  
Kiwanis Club  
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[www.KwKiwanis.org](http://www.KwKiwanis.org)

[www.kiwanis.org](http://www.kiwanis.org)

## Newsletter

October 31/2025

### Club Officers:

**President:**

Daisy Arseneault  
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**Past President**

Marilyn Motz  
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**President-Elect:**

TBD

**Secretary:**

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**Treasurer:** Maureen Farkouh

[maureenfarkouh@yahoo.ca](mailto:maureenfarkouh@yahoo.ca)

**Directors:** Lou Gere, Ian Inglis, Alan Chalmers, Paula Rand, Kevin Twomey, Marilyn Motz, Joan Richardson-Horsey

### What's Inside

**Section 1** - Regular Meetings

**Section 2** - Activities & Events

**Section 3** – Upcoming Events & Volunteer Opportunities

**Section 4** – Service Leadership Clubs

**Section 5** – Membership

**Section 6** – Committees & Reports

*Send photos & news to newsletter editor Steve Rand at [waterloorands@gmail.com](mailto:waterloorands@gmail.com)*

### "Who" is Kiwanis and what is our Impact?

Kiwanis clubs and members conduct service projects. They hold fundraisers. They donate to the Kiwanis Children's Fund and scholarship programs. They change children's lives in their own communities and through international initiatives - helping young people develop mentally, physically and emotionally.

Every year, Kiwanis members stage more than 150,000 service projects, devote more than six million hours of service and raise nearly US\$100 million for children, families and communities around the world. Kiwanis club projects are based on community needs. We build playgrounds, purchase medical equipment, run foodbanks, develop youth leadership, restock libraries and much more.



### Editor's Message:

As we enter a new fiscal year for K-W Kiwanis, we unite with Kiwanians around the globe and start fresh with new charitable goals. Even though our leadership is the same as last year, our Board members have

found a groove together that will take us to new heights this coming year. The Kiwanis Coat Sale was such a success on so many levels with extraordinary membership participation alongside two phenomenal Circle K students from the University of

### Join us:

Chartered in 1921, we are the oldest service club in the Kitchener-Waterloo area. We are always looking for new members to serve the community ! Interested in donating a little time, money, or elbow grease to serve the needy, the deserving, and kids throughout the Waterloo Region? We are welcoming new members to the club all the time who want to help do exactly that. They have stepped up to help and we need still

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### 1. Regular Meetings

At our Board and club meetings we get together for fellowship and planning. Prospective members are welcome to attend. The meetings are free (except there is no free lunch !) and once a month we host expert guest speakers to discuss a wide range of topics that give us insight and inspiration to carry over into our activities and projects. Board meetings are currently held at 5:00 pm on the first Tuesday of the month at the Westmount Golf Club in Kitchener. Check our calendar for other (evening) meeting times or contact our membership chair to confirm time and place at [kwkiwanisclub@gmail.com](mailto:kwkiwanisclub@gmail.com).

### 2. Activities & Events

For a complete listing of past and future events and volunteer opportunities, see our complete calendar at [kwkiwanis.org](http://kwkiwanis.org).

**October 4** The club's annual winter coat sale (aka "Coats for Kiwanis") took place this year in the rental space on the upper level of the Kitchener Market. The boutique-like

Waterloo. Proceeds will benefit the KW Kiwanis Music Festival where kids, youth and even adults work hard to reach their music education goals. Once again, thank you for supporting the fine work of the KW Kiwanis Club!

more volunteers and members to socialize and serve with integrity. Join us in our efforts to provide scholarships to deserving students, help run the Kiwanis Park Kids Day or Wonders of Winter (Festival of Lights), have some fun at Bingo night, or support our Food4Kids volunteer teams. Pick some of our activities and let the good times roll. Reward yourself with service. Become a leader. We are celebrating over 100 years of community service.

shop offered lots of space for the 11 clothing racks it took to display all the donations.



## Coats for Kiwanis!



Blowout Winter Coat Sale Oct. 4/25

Need to buy a winter coat at rock bottom price (\$5-\$25)??!

Coats are being collected for sale in the mezzanine boutique at the Kitchener Farmer's Market on Saturday, October 4th, 2025. Funds raised support local Kiwanis programs for people in need!



Sales began (somewhat unexpectedly) at 1:30 am Saturday morning when a city

employee on the night shift spotted a coat she had to have. Another coat sold at 6:50 am just before the official opening of the sale. Then our team really went to work.

Many thanks to Marilyn Motz, Malcolm Shantz, Angela Vieth, Alan Chalmers, and Jean Stacey for transporting the coats to the market. Kevin Twomey and Maureen Farkouh ran the cash box. Carol Dixon rented 6 racks and extra hangers to display the wares. Paula Rand collected, sorted, cleaned and repaired the garments as needed. Joan Richardson-Horsey contributed 3 double racks and Paula Rand provided 2 more for a total of eleven. All in all, over 300 items were donated by the large apartment buildings in Waterloo, some still with store-bought tags on them. Thank you Julian Angel at Barrelyards and Al on William Street! Half the coats were sold before 2 pm at the Market and the remainder were donated to the local charities St. John's Kitchen and KWFightBack.



Paula Rand examines donated coats for stains, tears, faulty zippers, missing buttons and torn linings. Only high-quality garments were processed for the sale. Discards and unsold garments were delivered to St. John's Kitchen and KWFightBack charities to aid the unhoused in Waterloo Region.



Part of the sales team at the Kiwanis Coat Sale thanks a departing coat customer. (L-R) Jordan from Circle K, Kevin Twomey (seated), Daisy Arseneault, and Paula Rand.



The beginning of the sale. Jordan Kaye checks coat sizes as Paula Rand and Kevin Twomey look on from the checkout table.



Eleven roller racks were needed to handle the volume of garments collected this year. Half were sold in just seven hours. Half a dozen shoppers knocked on the doors after closing, having waited a little too long. A few were admitted for a last minute stuff-a-bag sale.

The president of our Circle K leadership  
Jordan Kaye and her fellow volunteer



Portrait helped set up the display racks and organize coats by size. They also modelled coats to attract more customers. One hooded fur coat sold right off Jordan's back to a happy customer !!



Circle K club representatives Jordan and Portrait try on two furry garments to encourage sales. Both coats were sold in short order.

This being Octoberfest season the Kitchener Market staff invited an accordion player from Concordia Club to accompany the Octoberfest mascot and dancers while market patrons enjoyed lunch outside the door of the Kiwanis coat sale boutique.



The Octoberfest mascot led the chicken dance to accordion accompaniment right in front of the coat sale boutique. Meanwhile the checkout team handled brisk sales.



The coat sale checkout team gathers for a photo at the end of the sale. (L-R) Jean Stacey, Sandeep Schroff, Portrait, Kevin Twomey, Jordan, Daisy Arseneault and Paula Rand.



The sales team: (L-R) Portrait, Jordan, Jean Stacey, Alan Chalmers, Sandeep Schroff, Marilyn Motz and Steve Rand.

Kevin Twomey and Maureen Farkouh “manned” the cash box throughout the morning and early afternoon. Thanks for your dedication! Proceeds this year supported the Kiwanis Music Festival, St. John's Kitchen, and the refugee support charity KWFightBack.

**October 4** The Guelph Kiwanis Club held an interclub duck dinner at Belwood Lodge and Camp in Belwood near Fergus Ontario. The afternoon event began with a social period from 2:00-4:00 pm. Then dinner was served from 4:00-6:00 pm. It consisted of half a roast duck + fries +cole slaw and many attendees took away containers with their leftovers !

**October 7** The monthly Board meeting was held at Westmount Golf & Country Club



**October 9** Bingo night at the K-W Gaming Centre was once again successful in providing revenue for our academic bursary program.

**October 21** At our regular club meeting for the month, attendees were treated to a slide presentation by Mary McGuinness who is the Corporate Engagement Manager at an organization called Volunteer Waterloo Region (mary@volunteerwr.ca).

Mary joined the team at Volunteer Waterloo Region in the summer of 2023 after serving on the VWR board of directors for nearly a decade, bringing over 15 years of experience in communication and public relations to the position.



Mary McGuinness addressed the Kiwanis Club on current trends in corporate and charitable volunteerism.

Mary is active in the corporate sector with a focus on social responsibility, community engagement, and employee volunteerism. Currently she is the main contact at VWR for local businesses looking to engage their employees in the community through group volunteerism. Her topic for the evening was the value of charities/volunteers to the Waterloo Region community and she reported a surge in corporate volunteerism.

The 2025-2026 Board of Directors was also installed by Lieutenant-Governor Randy Mackenzie at the meeting. Randy is from the Brantford Kiwanis Club of Division 5.



Lieutenant-Governor Randy Mackenzie from Brantford introduces co-secretaries Jean Stacey and Paula Rand as members of the 2025-2026 Board of the K-W Kiwanis Club.



Maureen Farkouh was appointed club treasurer and Board member



President Daisy Arseneault displays a celebratory cake for 104 years of community service by Kiwanians in Kitchener-Waterloo



**October 24** Key Club Leadership Camp started. This camp provides excellent leadership training for members of our student club and is subsidized by K-W Kiwanis. The camp runs through Oct. 26.

**October 30** Manager Vraj Parikh of the Eastbridge Domino's franchise hosted some of our fundraising committee members and inquired about possible corporate sponsorship of K-W Kiwanis to increase community visibility of his business. The spinach and feta pizza was excellent!



(L-R) Maureen Farkouh, Jean Stacey, and Angela Vieth pose outside the Eastbridge Domino's with Vraj Parikh

### 3. Upcoming Events & Volunteer Opportunities

For a complete listing of past and future events and volunteer opportunities, see our Event Calendar at [www.kwkiwanis.org](http://www.kwkiwanis.org).

**November 1** Division 5 Caucus meeting. Details available on the club calendar at [kwkiwanis.org](http://kwkiwanis.org)

**November 4** Board meeting at the Westmount Golf & Country Club

**November 6** Bingo night at the K-W Gaming Center

**November 18** Regular club meeting with speaker

**December 2** Board meeting

**December 7** Music Festival Fundraiser

**December 9** Club meeting with speaker Dorothy McCabe (mayor of Waterloo) and a festive dinner

### 4. Service Leadership Clubs

K-W Kiwanis runs Leadership clubs to engage young students in community building and public service.

*Circle K International for college students:*  
The University of Waterloo Circle K club runs its own service projects with the guidance of an approved Kiwanis advisor. Currently it has a roster of over two dozen members and is actively involved in community events.

Circle K International (CKI) is the largest student-run volunteer organization of its kind, with over 12,600 members on over 500 campuses in 17 countries. However our club is especially proud of our local up-and-coming group of civic leaders. CKI mirrors the mandate of Kiwanis at the university level in making our community a better place to live, through service, with a special emphasis on helping children.

The current Circle K president Jordan Kaye volunteered at this year's Coats for Kiwanis sale. Her club member Portrait also joined in the fun, modelling coats from the racks. Thank you Circle K !

*Key Club for students aged 14-18:*

High school students can apply to become members of our K-W Kiwanis Key Clubs. Key Club members run their own meetings



and devise service projects in the Kitchener-Waterloo Region to develop leadership skills.

Key Club members are eligible to attend the annual leadership conference that Kiwanis International runs for their age group. Key Clubbers also have the benefit of guidance and record-keeping by an approved advisor from our Kiwanis Club. St. Mary's Key Club now has new officers and one of their teachers (Melanie) has agreed to be the club advisor.



St. Mary's Key Club is alive and well. (L-R) Advisor Melanie, Angela Vieth, Jordan Kaye (UW CKI president), Hailey and Shelby (co-presidents of the Key Club).

## **5. Membership**

Interested in joining us? Let us know at [kwkiwanismembership@gmail.com](mailto:kwkiwanismembership@gmail.com) or contact a member of K-W Kiwanis whom you may know. Just have questions? Send us email at [kwkiwanisclub@gmail.com](mailto:kwkiwanisclub@gmail.com).

## **6. Committees & Reports**

Committee reports are received at the monthly Board meeting by the K-W Kiwanis Club Board Members. Committee work ensures the smooth functioning of our club and all members are encouraged to participate in at least one of our eleven committees. Typically, assignments require an average of only 1-2 hours per month. K-W Kiwanis committees have the charters outlined below. Check the club calendar and connect with your committee chair each

month to verify when and where your meetings will take place.

### ***Affordable Housing***

Charter: Work with Property Management to oversee the operations of the Cedar Court and Valley View housing units owned by Kiwanis. Report to the Board.

Chair: Lou Gere

Members: Daisy Arseneault, Ian Inglis, Stephen Rand, Angela Vieth, Greg Wood

### ***Fundraising***

(a) New Ideas (Research and develop ideas and activities to raise funds for general club use or for a specific reason as agreed from time to time. Review "New & Existing Service Projects".).

Chair: Maureen Farkouh

Members: Daisy Arseneault, Paula Rand, Jean Stacey, Angela Vieth, Sandeep Shroff

(b) Bingo (Organize, recruit and train volunteers for bingo. Proceeds are applied to our academic bursary program.)

Chair: Lou Gere

Members: Maureen Farkouh, Gary Keller, Mike Wolf, Greg & Michelle Wood

### ***Bursaries***

Charter: Determine criteria for the evaluation of academic bursary applications. Receive and review applications. Select recipients and personally deliver the awards.

Chair: Lou Gere

Members: Jan Alexanian, Gary Keller, Stephen Rand, Paula Rand, Jean Stacey

### ***Membership***

Charter: Plan approaches to membership recruitment and retention. Pre-approve new member applications and bring them to the Board. Review honorary members annually. Provide advice for approaching prospective new members. Check on absentee and delinquent memberships.

Chair: Stephen Rand

Members: Daisy Arseneault, Maureen Farkouh, Ian Inglis, Kevin Twomey, Angela Vieth

### ***Music Festival***

Charter: Continue to refine and improve all aspects of the renowned K-W Kiwanis Music Festival. Undertake fundraising, volunteer coordination, and sponsorship.

Chair: Marilyn Motz

Members: Danielle Beck (Festival Coordinator), Jaime Downey, Ian Inglis, Angela Vieth, Mike Wolf, Rosalind Keith (Volunteer Coordinator), Martin Lacoste Maxine Metzger (Social Media & Marketing), Fiona Stante, Angela Veith (Fundraising Coordinator), Roy Weber (Sponsorship Coordinator), Mike Wolf (Treasurer)

### ***Service Leadership Programs***

Charter: Provide liaison between Kiwanis student organizations and our membership. Look for every opportunity to initiate Kiwanis student organizations and activities. Provide necessary support to all sponsored Kiwanis student groups. Help out with Key Club and Circle K Leadership training.

Chair: Angela Vieth

Members: Angela Vieth, Kevin Twomey, Sandeep Shroff

### ***Program & Club Meetings***

Charter: Plan and improve the regular club meetings to keep them interactive, fun and informative. Make everyone feel that time spent at meetings is “time well spent”. Maintain sociability among members as a top priority by planning outside

activities that foster good fellowship.

Chair: Daisy Arseneault

Members: Stephen Rand, Kevin Twomey

### ***Financial Review Committee***

Charter: Perform an annual review of the financial reports of the treasurer and Property Management.

Chair: Greg Wood

Members: Andre Arseneault

### ***Marketing & Public Relations***

Charter: Raise awareness of Kiwanis in our community. Publicize events and club news. Maintain the club website and social media outlets. Distribute a regular newsletter to keep members up to date and assist with community outreach and recruitment.

Chair: Stephen Rand

Members: Daisy Arseneault, Kevin Twomey, Andre Arseneault

### ***New/Existing Projects***

Charter: Assess all requests for funds submitted to the club with respect to how well they meet our criteria and make their recommendations to the membership. Manage existing projects, recommend their continuance or discontinuance. Search for new club service projects, making sure they meet our criteria, and present them as options to the membership.

Criteria:

- (a) regional effect, not national
- (b) involves children and youth
- (c) Improves quality of life in some way
- (d) Maximize member involvement

Chair: Daisy Arseneault

Members: All club members