



Kitchener-Waterloo
Kiwanis Club
P.O. Box 38046
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www.KwKiwanis.org

www.kiwanis.org

Newsletter

January 31/2026

Club Officers:

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Daisy Arseneault
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Past President

Marilyn Motz
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TBD

Secretary:

Jean Stacey
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Directors: Lou Gere, Ian Inglis, Alan Chalmers, Paula Rand, Kevin Twomey, Marilyn Motz, Joan Richardson-Horsey

What's Inside

Section 1 - Regular Meetings

Section 2 - Activities & Events

Section 3 – Upcoming Events & Volunteer Opportunities

Section 4 – Service Leadership Clubs

Section 5 – Membership

Section 6 – Committees & Reports

Send photos & news to newsletter editor Steve Rand at waterloorands@gmail.com

"Who" is Kiwanis and what is our Impact?

Kiwanis clubs and members conduct service projects. They hold fundraisers. They donate to the Kiwanis Children's Fund and scholarship programs. They change children's lives in their own communities and through international initiatives - helping young people develop mentally, physically and emotionally.

Every year, Kiwanis members stage more than 150,000 service projects, devote more than six million hours of service and raise nearly US\$100 million for children, families and communities around the world. Kiwanis club projects are based on community needs. We build playgrounds, purchase medical equipment, run foodbanks, develop youth leadership, restock libraries and much more.



President's Message:

It has been a cold and snowy January with no signs of defrosting into Spring anytime soon. Having said that, the K-W Kiwanis waters were warmed this month by an inspiring speaker, Linda Lou Pinnington,

from Canadian Food for Children and a heart-warming pack night at Food4Kids. Thank you to all who participated and organized these wonderful events.

It doesn't stop there! Our club members stay warm by planning for fundraisers, future meetings, festivals, events and so much more! I hope you'll join the Music Festival Committee on **Sunday, February 8th 12:00-3:00pm** in the Uptown Waterloo Jazz Room for an invigorating afternoon of music that will support the Kiwanis Music Education Fund. \$6000.00 has already been raised! Special thanks to Cook Homes for

Join us:

Chartered in 1921, we are the oldest service club in the Kitchener-Waterloo area. We are always looking for new members to serve the community ! Interested in donating a little time, money, or elbow grease to serve the needy, the deserving, and kids throughout the Waterloo Region? We are welcoming new members to the club all the time who want to help do exactly that. They have stepped up to help and we need still

1. Regular Meetings

At our Board and club meetings we get together for fellowship and planning. Prospective members are welcome to attend. The meetings are free (except there is no free lunch !) and once a month we host expert guest speakers to discuss a wide range of topics that give us insight and inspiration to carry over into our activities and projects. Board meetings are currently held at 5:00 pm on the first Tuesday of the month at the Westmount Golf Club in Kitchener. Check our calendar for other (evening) meeting times or contact our membership chair to confirm time and place at kwkiwanisclub@gmail.com.

their \$4000 sponsorship, to Kiwanian Herbert Mitterboeck's personal donation of \$2000 and to the countless volunteer hours contributed by our Music Festival committee. Your generosity keeps me warm and fuelled for the year to come!



more volunteers and members to socialize and serve with integrity. Join us in our efforts to provide scholarships to deserving students, help run the Kiwanis Park Kids Day or Wonders of Winter (Festival of Lights), have some fun at Bingo night, or support our Food4Kids volunteer teams. Pick some of our activities and let the good times roll. Reward yourself with service. Become a leader. We are celebrating over 100 years of community service.

2. Activities & Events

For a complete listing of past and future events and volunteer opportunities, see our complete calendar at kwkiwanis.org.

January 3 The first Divisional Caucus Meeting of the year was held remotely by Zoom online.

January 6 The club Board held its monthly meeting at the Westmount Golf & Country Club.

January 20 The January club meeting for was held at the Westmount Golf & Country Club in Kitchener, starting with a social hour at 5:30 pm.



K-W Kiwanians settle in for the January dinner meeting at WGCC. (L-R) Joan Richardson-Horsey, Lou Gere, Gary Keller, Mike Wolf, Ian Inglis.

The after dinner speaker was Linda Lou Pinnington who discussed the origin and charter of the Waterloo Regional Branch of Canadian Food for Children. This charity originated in Mississauga with the goal of ensuring that people in Central & South America and Africa get the supplies they need to survive.



Master of Ceremonies Alan Chalmers poses with Linda Lou Pinnington, speaker of the month for January, who addressed the need for essential supplies in Central & South America and Africa, provided by Canadian Food for Children.

January 22 Tonight was Kiwanis Pack Night at Food 4 Kids, 330 Trillium Drive Unit B, Kitchener from 6:00-7:30 pm. Our volunteer team rolled up their sleeves to help the hungry and had a blast packing 750 bags of nutritious food to be delivered to children at schools throughout Waterloo Region on January 23.



Our volunteers came out on a blustery night to help fill hungry tummies, thereby enthusiastically supporting the vital work of Food4Kids. (The Team of 12 volunteers: 5 Kiwanians, 1 Circle K member & 6 friends of Kiwanians). The K-W Kiwanis Club also presented Food4Kids with a *big cheque* for \$6000. Bravo to all our volunteers!!





Pack Night at Food4Kids. Maureen Farkouh (left) and Lou Gere (right) join other K-W Kiwanians in filling out meal portions.



Twelve volunteers spent a busy hour assembling meals at the January Food4Kids Pack Night.

For more information on the Food 4 Kids:
<http://www.food4kidswr.ca/donate>
January 29 Bingo night in Kitchener

3. Upcoming Events & Volunteer Opportunities

For a complete listing of past and future events and volunteer opportunities, see our Event Calendar at www.kwkiwanis.org.

February 3 The monthly Board meeting will be held at Westmount Golf & Country Club.
February 8 Fiddle Night at the Jazz Club has been rescheduled !

KI-WANIS
 KIWANIS MUSIC FESTIVAL
 Presents the 3rd Annual
Music Education Fundraiser
 Featuring
 Shane Guse & Musical Guests

Sunday, February 8, 2026 from 12 pm - 3 pm
 at the Jazz Room (59 King Street North, Waterloo)

Tickets are \$35 and can be purchased by scanning the QR Code

Special Thanks to our Headline Sponsor:

COOK HOMES 40th Anniversary

KI-WANIS INTERNATIONAL

Join us for a night of great music, good company, and a chance to make a difference. Food and drinks will be available for purchase. Join in on the Wine Pull and the Silent Auction Table. We can't wait to see you there!

February 17 Regular monthly club meeting with outside speaker. This month's speaker will be Myeengun Henry, former Ojibway



Elder Myeengun Henry will be the February speaker at the University of Waterloo.

chief and current Knowledge Keeper for indigenous groups in the Grand River basin. Mr. Henry oversees the Healing Forest at the University of Waterloo and will talk about indigenous history and activities in the Waterloo Region. This meeting will be held jointly with Kiwanis Circle K Club members at the University of Waterloo. Location TBD – see kwkiwanis.org for updates.

February 26 Bingo night in Kitchener

March 29 Kiwanis Cabaret Night (5-8 pm at Jazz Room, 59 King St. N, Waterloo)

4. Service Leadership Clubs

K-W Kiwanis runs Leadership clubs to engage young students in community building and public service.

Circle K International for college students:

The University of Waterloo Circle K club runs its own service projects with the guidance of an approved Kiwanis advisor. Currently it has a roster of over two dozen members and is actively involved in community events. This month Circle K helped out with our Pack Night at Food 4 Kids! Way to go Circle K !

Circle K International (CKI) is the largest student-run volunteer organization of its kind, with over 12,600 members on over 500 campuses in 17 countries. However our club is especially proud of our local up-and-coming group of civic leaders.



Donatus from the University of Waterloo Circle K Club joined the fun during Pack Night at Food 4 Kids in Kitchener.

CKI mirrors the mandate of Kiwanis at the university level in making our community a better place to live, through service, with a special emphasis on helping children.

Circle K participation in the Food 4 Kids Pack Night service project resulted in a donation of 750 meals to the hungry and participation in the presentation of a \$6000 cheque from K-W Kiwanis to this charity.

Key Club for students aged 14-18:

High school students can apply to become members of our K-W Kiwanis Key Clubs. Key Club members run their own meetings and service projects in the Waterloo Region to develop leadership skills.

Key Club members are eligible to attend the annual leadership conference that Kiwanis International runs for their age group. Key Clubbers are guided by an approved advisor from Kiwanis. St. Mary's Key Club now has new officers and one of their teachers (Melanie) has agreed to be the club advisor.

5. Membership

Interested in joining us? Let us know at kwkiwanismembership@gmail.com or contact a member of K-W Kiwanis whom you may know. Just have questions? Send us email at kwkiwanisclub@gmail.com.

6. Committees & Reports

Committee reports are received at the monthly Board meeting by the K-W Kiwanis Club Board Members. Committee work ensures the smooth functioning of our club and all members are encouraged to participate in at least one of our eleven committees. Typically, assignments require an average of only 1-2 hours per month. K-W Kiwanis committees have the charters outlined below. Check the club calendar and connect with your committee chair each month to verify when and where your meetings will take place.

Affordable Housing

Charter: Work with Property Management to oversee the operations of the Cedar Court and Valley View housing units owned by Kiwanis. Report to the Board.

Chair: Lou Gere

Members: Daisy Arseneault, Ian Inglis, Stephen Rand, Angela Vieth

Fundraising

(a) New Ideas (Research and develop ideas and activities to raise funds for general club use or for a specific reason as agreed from time to time. Review “New & Existing Service Projects”).

Chair: Maureen Farkouh

Members: Daisy Arseneault, Paula Rand, Jean Stacey, Angela Vieth, Sandeep Shroff

(b) Bingo (Organize, recruit and train volunteers for bingo. Proceeds are applied to our academic bursary program.)

Chair: Lou Gere

Members: Maureen Farkouh, Gary Keller, Mike Wolf

Bursaries

Charter: Determine criteria for the evaluation of academic bursary applications. Receive and review applications. Select recipients and personally deliver the awards.

Chair: Lou Gere

Members: Jan Alexanian, Gary Keller, Stephen Rand, Paula Rand, Jean Stacey

Membership

Charter: Plan approaches to membership recruitment and retention. Pre-approve new member applications and bring them to the Board. Review honorary members annually. Provide advice for approaching prospective new members. Check on absentee and delinquent memberships.

Chair: Stephen Rand

Members: Daisy Arseneault, Maureen Farkouh, Ian Inglis, Kevin Twomey, Angela Vieth

Music Festival

Charter: Continue to refine and improve all aspects of the renowned K-W Kiwanis Music Festival. Undertake fundraising, volunteer coordination, and sponsorship.

Chair: Marilyn Motz

Members: Danielle Beck (Festival Coordinator), Jaime Downey, Ian Inglis, Angela Vieth, Mike Wolf, Rosalind Keith (Volunteer Coordinator), Martin Lacoste Maxine Metzger (Social Media & Marketing), Fiona Stante, Angela Veith (Fundraising Coordinator), Roy Weber (Sponsorship Coordinator), Mike Wolf (Treasurer)

Service Leadership Programs

Charter: Provide liaison between Kiwanis student organizations and our membership. Look for every opportunity to initiate Kiwanis student organizations and activities. Provide necessary support to all sponsored Kiwanis student groups. Help out with Key Club and Circle K Leadership training.

Chair: Angela Vieth

Members: Angela Vieth, Kevin Twomey, Sandeep Shroff

Program & Club Meetings

Charter: Plan and improve the regular club meetings to keep them interactive, fun and informative. Make everyone feel that time spent at meetings is “time well spent”. Maintain sociability among members as a top priority by planning outside activities that foster good fellowship.

Chair: Stephen Rand

Members: Daisy Arseneault, Kevin Twomey

Financial Review Committee

Charter: Perform an annual review of the financial reports of the treasurer and Property Management.

Chair: TBD

Members: Andre Arseneault

Marketing & Public Relations

Charter: Raise awareness of Kiwanis in our community. Publicize events and club news. Maintain the club website and social media outlets. Distribute a regular newsletter to keep members up to date and assist with community outreach and recruitment.

Chair: Stephen Rand

Members: Daisy Arseneault, Kevin Twomey, Andre Arseneault

New/Existing Projects

Charter: Assess all requests for funds submitted to the club with respect to how

well they meet our criteria and make their recommendations to the membership. Manage existing projects, recommend their continuance or discontinuance. Search for new club service projects, making sure they meet our criteria, and present them as options to the membership.

Criteria:

- (a) regional effect, not national
- (b) involves children and youth
- (c) Improves quality of life in some way
- (d) Maximize member involvement

Chair: Daisy Arseneault

Members: All club members