



www.CNHDivision44.org

Volume VIII

November 2023

## Message From The Lt. Governor



Charlayne Bowman

#### **GIVING THANKS**

As your new Lt. Governor for Division 44, I ask you to join me in giving thanks this holiday season.

There are two primary reasons why I ask this of you as Kiwanian's, the first reason is that next week is Thanksgiving Day. This is such a special day for myself. I am sure for all of you that we share the giving spirit every day. Thanksgiving Day is a special day that we can share with our family and friends.

This has been a busy season already as we are approaching Thanksgiving. All of the clubs in our Division are out in their community assisting children and families every day. Since the beginning of my term in October, I have had the pleasure to meet and assist several clubs in their efforts to raise funds for their communities.

The second primary reason is directly related to helping each club with their efforts.

I am rolling out a central calendar and I am asking every club to send myself or Karen Poskus the necessary information for any and all events that their club has upcoming. By sharing this information in a format that everyone can see, I believe that those clubs in need of volunteers can put out the notice of their needs. Giving those who wish to volunteer for any of the events the chance to be involved.

Additionally, getting out the word to our communities, other clubs and other members can participate and make every event even more meaningful. This is only the beginning of my goals as we begin this term and I give thanks to all of you for your support.

Thank you all for what you all do for children, families and your community. I am proud to be your Lt. Governor for our outstanding Division 44.

Wishing you all a Happy Thanksgiving.

Sincerely,

Charlayne

#### **Division Council Meetings**

2nd Monday, Meeting at 5:30 PM Via Zoom Online

#### 2023-2024 Division Leadership Team

Lt. Governor: Charlayne Bowman / Folsom Lake Lt. Governor-Elect: Brian McClean / Roseville Past Lt. Governor: Gail Cirata / Lincoln Secretary: Karen Poskus / Gold Country Treasurer: Angela Nowlin / Gold Country

Capital Division Circle K Lt. Governor: Sophia Emerson Division 44N Key Club Lt. Governor: Lily Yan Division 44S Key Club Lt. Governor: Enya Wong Division 44W Key Club Lt. Governor: Jennifer Li

#### 2023-2024 Club Presidents

Auburn: Bruce Glatzel Carmichael: Len Ohlendorf Citrus Heights: Katie Escajeda Folsom Lake: Charlayne Bowman Robert Bowman

Gold Country: Bob Green Lincoln: Bob Hallums

Lincoln Foothills: Richard Bostdorff Patti Covey

Orangevale-Fair Oaks: Shellee McCasey

Placerville: Sophie Cabrera Rancho Cordova: Mark Supan Rancho Murieta: Al Brown Roseville: Craig Barker

Sacramento Suburban: Dr. James Chambers

#### Editor / Publisher: Michael Luciano



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## Kiwanis CNH Children's Fund

Contributed By Valarie Brown-Klingelhoefer CNH Children's Fund Director and Ambassador Chairwoman





November 2023



# SAVE THE DATES!

## SERVICE OF OHANA DINNER & AUCTION -

\* February 3, 2024 @ Wyndham Hotel, Visalia, Ca

🗱 MARCH 23, 2024 @ RIVERSIDE CONVENTION CENTER, RIVERSIDE, CA

Request info about our dinner & auction!





"I'd like to thank the Kiwanis for this generous gift because it allows me to pursue my educational goals without the pressure of financial stress."

- Suyeon Huang 2023 Scholarship Recipient

## SCHOLARSHIP APPS ARE OPEN!

The Cal-Nev-Ha Children's Fund is pleased to announce our 2024 scholarship applications are open and we need your help in two ways. First, please share this news with your graduating Key Club and KIWIN'S members, as well as any Circle K members who anticipate continuing their undergraduate education. Second, spend some time learning about our scholarship program, and be ready to assist our young applicants as they navigate the application process. Your support of our student leaders does not go unnoticed; just ask Suyeon Hwang, one of our 2023 scholarship recipients!

#### Circle K Scholarship App



Key Club/KIWIN'S Scholarship App



#### IN CASE WE DON'T SAY IT ENOUGH!

As we start the new Kiwanis year, and with Thanksgiving just around the corner, we'd like to express our deep appreciation for the unwavering support we receive from our donors. Your contributions have a profound impact on the lives of students such as Suyeon Huang, who took time out of her studies to send us a note of gratitude. Your generosity provided seed money to the <u>Kiwanis Club of Arcadia Young Professionals</u> when they hosted a book and bike safety fair. And because of you, the CNH Children's Fund awarded nearly \$150,000 in grants this year to our <u>partner hospitals</u> that enabled them to establish programs aimed at reducing pediatric trauma.

We're grateful every day for our donors, volunteers, and sponsors, but this month, our gratitude is especially pronounced. Your generosity and support are instrumental in advancing our mission, and we thank you for choosing to join as in building a better future for our children.

#### FOUNDER'S DAY

Mark your calendars! On November 4th, the CNH Children's Fund will celebrate 58 years of service to our community. In honor of this occasion, we invite all clubs to make a Founder's Day donation that is meaningful to your club. Your generosity enables us to provide grants to Kiwanis clubs and support our student leaders with scholarships and leadership training.

#### で TABLET OF HONOR

The <u>Tablet of Honor</u> is the most prestigious accolade awarded by the CNH Children's Fund. With a \$500 contribution, you can acknowledge an individual, organization, Kiwanis club, or division that has demonstrated a commitment to their community or to Kiwanis. Additionally, your unrestricted donation will enable us to allocate resources where they are most needed. Nominate an outstanding individual today and discover more about this award!

Contributed By Roger Klausler

#### Sayonara Center Guest Speaker



Veronica Hunter helped start a new life skill series at the Sayonara Center in September. Our first speaker was Jayson Thompson who educated our students on the importance of credit and all about mortgages. This quick 20 minute conversation lasted almost an hour because of the students' questions and genuine interest.

If you are interested in being a speaker at the Sayonara Center, please reach out! soldbyV@gmail.com

#### De-installation of 2022-2023 and Installation of 2023-2024 Officers

De-installation of our 2022-23 officers and installation of our 2023-24 leaders was held at the home of Jim and Laura Putnam.







Past President Ben Middleton and Incoming President Katie Escajeda with Lt. Governor Gail and Ben handing off to Katie.

**PASSION** 

Contributed By Roger Klausler

De-installation of 2022-2023 Officers and Installation of 2023-2024 Officers



Outgoing Officers and Board Members: Ben, Katie, Veronica Hunter, Megan Holmsky, Bradley Miller, Vernon Brown, Jim Putman, Bill Hooper



Incoming Officers: Katie, Ben, Bill, Bradley, Edward Escajeda, Jim, Vernon, Amanda Subia, Veronica



**Event Table** 



Veronica and Gail

I leve MY CLUB

#### Contributed By Roger Klausler

## Mesa Verde High School Community Garden

Community Garden members, AVID Students, and Past President Ben Middleton work on a long-term project at the Mesa Verde High School Community Garden, prepping soil and repairing planter boxes. Advancement Via Individual Determination is an in-school academic support program for grades seven through twelve which prepares students for college eligibility and success.









## Mesa Verde High School Tennis

Mesa Verde Tennis went to storage to take out balls for an upcoming game - only to find that the place had been vandalized and 150 tennis balls had been stolen. Katie Escajeda made use of her President's Discretionary Fund to get quick replacements.



## Contributed By Roger Klausler

## Sayonara Center Rock Painting

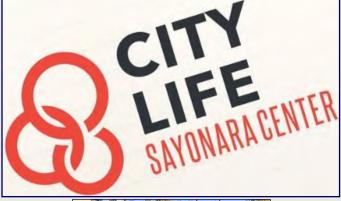
Kids at Sayonara Center kicked off their 3-day weekend (no school on Monday, October 2) with an activity that Veronica organized - painting rocks with acrylic and sealing their surfaces to decorate the landscape at the entrance to the center.















#### Contributed By Roger Klausler

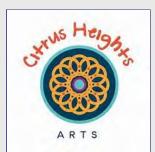
## Art Beat was held at the Birdcage Center

A creation of our member Gigi Radford, Art Beat was held at the Birdcage Center on October 14. The event featured local artists, vendors, and professional entertainment. Leading off was Motoshi Kosako, professional jazz (yes, jazz) harpist. Then a quick jump to Kingston, Jamaica, and the rhythms of Brady Shammar. Working stage left was Mammxth, a custom artist from Sacramento. Roger Klausler volunteered to help vendors set up. Mesa Verde Key Club received accolades from Councilperson Porsche Middleton for coming early to help with set-up and running a spin-to-win booth with students from the AVID program.











#### Contributed By Roger Klausler

#### Second Annual Fall Ball

Also on October 14, Soroptimist International of Citrus Heights held its Second Annual Fall Ball, a creation of our member Louise Brown. Standing next to Mike Wells and a police dog-in-training are President Katie Escajeda, Vernon and Louise Brown, Gale Hooper, Jim Putnam, and Gale Hooper. A special feature was Jim walking the runway in couture golf wear.





October 19 was pumpkin carving day at the Sayonara Community Center, one of our Kiwanis Community Partners. There was an almost unlimited supply of the monster gourds, with Center Director Julie Habeeb and Kiwanian Roger Klausler on call to lend their hands when the smaller ones needed help.

## Sayonara Community pumpkin Carving Day



#### Contributed By Roger Klausler

#### Kiwanis Family House Cleanup Day

One of our Community Partnerships is with Kiwanis Family House. October 21 was Clean-up Day--trimming shrubs and trees and collecting the green waste and the recyclable waste to fill two huge roll-offs. Roger Klausler was among the 12 volunteers who raked and then carried the waste "Toters" to the bins.



#### Interclub at Placerville

Our tireless interclub coordinator Vernon Brown accompanied Bill and Gale Hooper and Megan Holmsky to our first interclub of the year in Placerville on November 1st. Enjoying lunch with Vernon is Placerville Secretary John Prock.

#### Contributed By Roger Klausler

#### Howl O' Ween Parade, Harvest Festival & Car Show

Also on October 21, the Recreation and Park District and Citrus Heights Community Marching Band presented a Howl O' Ween Parade, Harvest Festival & Car Show at Rusch Park. Hot Dog Rocky (lower left), Katie Escajeda, Vernon and Louise Brown, and Ed Escajeda represented our club and promoted the rewards of "changing the world one child and one community at a time."







Kiwanis in the Community: At the PAL Trunk or Treat on October 25, Vernon Brown, Gale and Bill Hooper, and Tom Steadman handed out treats and Roger Klausler helped Sayonara Center Director Julie Habeeb guide the kids through the "Trunks."

Contributed By Roger Klausler



#### Contributed By Chris Creelman

#### American Legion Hero's Luncheon



Fred represented Suburban at the recent American Legion Hero's Luncheon. Sacramento Suburban Kiwanis was honored to receive the Auxiliaries Hero of the Year award for our support of the Legion's Girls State program. Two girls our club sponsored, Alexandria from Rio Americano High School and Victoria from El Camino High School, were presented sashes signifying their participation at Girls State, which they will wear at their respective school's award ceremonies. Fred presented Pres. Caren with the certificate at the last meeting.



#### Suburban Installation of Officers and Board Members



On Saturday, Sept. 23, approximately 25 Kiwanians and spouses attended our Installation Lunch for the '23/'24 slate of Officers and Board Members. Incoming Div. 44 Lieutenant Gov. Charlayne Bowman officiated the ceremony. Thanks go out to **Caren** and **Bruce** for once again opening their house and putting on a great party. Also, thanks to **Karen Yagersmith's** husband George for handling the chicken BBQing this year and to **Bruce** for keeping **Creelman** away from the grill for the burgers and dogs. It was a great, fun, and stomach-filling social event.









## Great American River Clean-up



The Community Services Committee had a "hands-on" project to help clean up the American River Parkway on Saturday, 9/23. Mike B. and Chris joined hundreds of other volunteers in clearing tons of trash from the parkway. Mike really took one for the team/club wandering into a wasp nest and getting stung over 10 times. That was pretty much the end of our shift. He then manned and cleaned up then attended the Installation Lunch with a pretty painful scalp. Chris didn't get away without a couple stings himself. However, it was good to get out and help our community and local environment.



#### Contributed By Chris Creelman

#### Holway Memorial Golf Tournament

Kiwanians and a couple guests enjoyed a beautiful day of golf remembering **Warren** fondly.

Estelle Holway provided a sleeve of golf balls for all players as well as granola bars (a Warren-tradition). Bev Hoeft and her bank generously donated \$100 toward the trophy engraving and Bruce and Caren Lagomarsino donated wonderful Sattui wines for Low Gross, Low Net, and Low Caloway.





The winners were as follows:

Low Gross - field Jon Kaempfer, club Mike Brownell Low Net - Jim Wunschel Low Callaway - Tom Fleischmann Long Drive - Chris Creelman Closest to the Pin, field- Dave









#### Cowan Kiwanis K-Kids Club



After struggling to find a new school advisor for this school year, we ended up with three volunteers! Whoop, whoop! Melissa, Elizabeth,

and Andrew are all excited to be part of the program and very

enthusiastic with the students. An introductory meeting was held Thursday October 12 and it was a packed house with over 25 interested students, including five veterans from last year's club. A canned food drive is already in the works, and the kids had many other great ideas for projects. Club elections will be held by early November, and then the club will be fully functioning.



New school advisers: Andrew, Melissa, and Elizabeth along with fellow Kiwanis Adviser, in red, Wayne Lang from Carmichael.

#### Contributed By Chris Creelman

#### Key Club, Provided by Sharon Everett



We're gearing up for Fall Rally North here in Key Club Land. October 21 is our big trip to Six Flags with thousands of other Key Clubbers from around Northern California and Nevada. We have a lot of members going from every one of our four clubs. It should be a DINO-mite time! To prepare, each club has to hold a fundraiser for the Pediatric Trauma

Program in CNH. Mira Loma and Rosemont participated in the Division 44 Night Market on the 13<sup>th</sup>, and Rosemont had a bake sale at their Homecoming game. Thanks to Caren and Bernie who baked goodies to sell and to Bev who offered Ettore's (what a treat!). Rosemont raised over \$300, and Mira Loma made \$60 at the Night Market. Good job, Key Clubbers and Kiwanians!





#### Cowan Kiwanis K-Kids Club

Thanks to the generosity of club members, **Creelman** delivered five full bags of canned goods to support the Cowan "Kids Can Food Drive." The school responded as well, filling two pick-



Treasurer, secretary, vice president, and president

up trucks with boxes when they picked up on Nov. 8--a great effort for the club's first project of the year.

At the Nov. 2 K-Kids meeting, elections were held, and this year's slate of officers were elected. There were close races for all the positions, and all the candidates were worthy of office. The group has strong leadership again this year.





Contributed By Chris Creelman

## Fulton-El Camino Park District's "Frightfully Fun Camival"

We had a great turn-out to help Ryan at the F.E.C. 
"Frightfully Fun Carnival". Ryan, of course, Bev, Jim M., 
Fred, Bruce, Tony and Chris pitched in to BBQ and 
serve 500 hot dogs. The fun community event was a 
"Monster Smash" with over 800 costumed kids, plus 
numerous parents, having a "Frightfully Fun" time. It 
was good to get out with other club members on a 
project to help out the community.















Contributed By Chris Creelman

#### Cowan Kiwanis K-Kids Club











The K-Kids Club is already working on their first project during their second meeting of the year. They are participating in the "KCRA KIDS CAN FOOD DRIVE," collecting canned food items from all classes at Cowan Elementary. During the meeting, they assembled boxes, designed and produced posters, and customized posters privided by KCRA. It's a big group that can get things done fast. If you would like to support the club, bring canned or non-perishable food (or a few dollars, and Creelman will do the shopping) to the next meeting, and he'll deliver the goods to the school.



#### Contributed By Chris Creelman

#### Key Club Corner, Provided by Sharon Everett



It's been a busy second half of October for Key Club! On the 21st, we had a great turn out of Suburban Key Clubs at Fall Rally North at Six Flags. The members cheered their hearts out in spirit competitions (sadly, D44S Dinos did not win) and met Key Clubbers from all over northern California and Nevada. Thanks to our club for sponsoring four drivers' entry and parking to help get the students there!

The 28th was the DCM, which we held at Kiwanis Family House. The members set up a movie night for the residents, helped the kids decorate cookies, played games, did face painting, and made trick-or-treat goodie bags for the resident kids. It was a really fun time and, while not a lot of residents came this year, it was something we're looking to make an annual event! We also had a number of the workers bring their kids, which was a treat as well. Happy Halloween!

In addition, the Mira Loma Club sold pizza at the Mira Loma Fall Festival on October 27<sup>th</sup>, earning \$90 for the PTP program.









Troop 55 at American River Mile 20N picked up trash last Saturday. Kiwanian Charter Rep. Clem Spring was there as well.

#### **New Member Induction:**

**Nick Long-Rinehart** was inducted in to our club. He was born Maine, lived in New Zealand where his father is a professor. He graduated with a BA from New Zealand university, majoring in

Environmental Studies. He is currently taking courses at American River College, in technical and computerized studies for work. He works as an Environmental Restoration Technician, does cartography, GIS, and drone photography. Goal is to teach Geography at the Community College level. **Welcome**, **Nick!!!** 



Mike Koerner with new member Nick Long-Rinehart and Nick's sponsor Wayne Lang

Jenny Hawley presented the Legion of Honor Award to Hal Snow, recognizing his 45 years of dedicated service as a member of our club!



Jenny Hawley and Hal Snow

## **Bagging Benches for Parks!**





Jenny Hawley and Len Ohlendorf The Passing of the Meeting Bell and Gavel











#### Presentations:

Keith Johnson presented a check for \$1000 to Bruce Hansen and Colleen Mitchell for Churchill Middle Science Camp 6th grade 4 day field trip for scholarships from Community Services.



Colleen Mitchell, Keith Johnson and Bruce Hansen

## Founders Day Saturday September 30th



Sharon Ruffner Community Service Day Sunday October 1st















Judee Shoemaker and Sheba Jackson presented \$400.00 to the Sac Sheriff's Toy Department from Young Children and stuff toys plus activity packets for children removed from their environment and placed into foster care. Donna Miller also contributed \$300.00 to the Sac Sheriff Toy Project from Youth Services.

Wayne Lang presented to Pete Stirling & his wife Barbara a check for \$300.00 from Community Services for Bea's Academy project Butterfly Garden Pollinater in the Koobs Nature area.



Judee Shoemaker, Michelle Harp, Leeannedra Marchese, Sheba Jackson and Donna Miller



Wayne Lang and Pete Stirling



#### Message from Natalia Aguirre, San Juan Unified School District

I wanted to give a great big THANK YOU to the Kiwanis Club of Carmichael for making sure our bookshelves on the FACE mobile are fully stocked. Please see below books that will be going into the hands of our children within our community. These books are special because they represent diversity and have photos that may look like the reader. They also share messages of social emotional wellness and inclusion. Not shown, secondary bilingual books,



Herum Bjork presented to Linda Martin a framed photo of a helicopter bringing in a fighter jet to the Aerospace Museum. His Air Force team spent a year putting the jet together from boxes of parts. The jet is still on display at the museum.



Herum Bjork and Linda Martin

Clem Spring presented three checks to the scouts, \$500 each to Troop and Pack, \$400 to Venture.



Chelsea Carlson, Charlie Coyle, Sean Kercher, Dylan Coyle, Jonah Carlson and Clem Spring

Program:

Scouts: Troop, Pack and Venture Crew 55

Sean Kercher began the program by explaining that scouting is about trying new experiences and engendering civic values.

**Chelsea Carlson** told us that the **Pack meets Tuesdays at Cameron Ranch** and provides members with **summer camp**, opportunities to **serve their community**,

including a **food drive** for SJUSD, and **Turkey dinners** to families; They participate in the **4**<sup>th</sup> **of July Parade** and **built garden planter boxes for Cameron Ranch**. They provided **books for the tiny libraries** and serve as **honor guard at our Veterans' Day and Memorial Day events**.

The scout troop has 45 members and a new leader, Charlie Coyle. Sean is retiring and was proud to celebrate their 100<sup>th</sup> anniversary this summer. They have been assisting our club by cleaning our portion of the American River.

**Venture Crew just reopened** accepting male and females between 14-21 years of age.

**Dylan Coyle** mentioned he is looking forward to **gathering in 2025 with other cub scouts at Philmont Scout Ranch in New Mexico** for 8 days. This is a high adventure camp trip.

## Organization Member of the Year



Linda Martin, Jenny Hawley and Natalia Aguirre Mazzi, "Organization Member of the Year" recipient

## Cleaning Up American river Bikeway

Kiwanis Club of Carmichael Cleaning Up The American River Bikeway Charlotte Saylors, Herum Bjork, Judee Shoemaker and Linda Rose Jones





#### **Koobs Nature Area Donation**

Tom and Carol Murphey, presented to Carmichael Kiwanis a check for \$5,000 to be applied towards Koobs Nature Area in the 2023/2024 year.



Tom Murphrey and Linda Jones

## Plastic Sorting on Sharon Ruffner Day of Service



Plastic Sorting on Sharon Ruffner Day of Service



Charlotte Saylors and Mike Koerner

## Cameron Ranch Garden Project



Clem Spring at the 25 year Anniversary Cameron Ranch Garden Project celebration, standing next to the Kiwanis-sponsored greenhouse.

## American River Mile 20N Cleanup



Participants in recent American River Mile 20N cleanup. We are close to completing all the hours here that Kiwanis committed to for the year.



## Carmichael HART & Carmichael Presbyterian Food Closet Donation



Jackie DeLu and Barbara Farley

#### Presentations:

 Jackie DeLu presented Barbara Farley with a Community Services checks for \$500 for Carmichael HART and a check for \$500 for Carmichael Presbyterian Food Closet. Carmichael HART has 4 men and 4 women housed with services to get them into their own living space with support. The food closet was the beneficiary of our KKids collecting canned foods.

#### Sunrise Food Closet & YCP1 Donations

2. Keith Johnson (from Community Services Committee) presented April Jason with \$425 for turkeys that the Sunrise Food closet will distribute next week. The closet is serving 150 families each day!!

3. Jan Lovejoy presented Heather Nelson (San Juan Unified School District) with \$400 from YCP1 Committee for hearing devices for small children.



April Jason and Keith Johnson



Jan Lovejoy and Heather Nelson



## Veteran's Day at Koobs Nature Area













## Kiwanis Club of Gold Country

Contributed By Jan & Mike Weaver

## The Kiwanis Club of Gold Country donates \$1,000 to the Sierra College Nevada County Campus Guardian Scholars Program

The Guardian Scholars Program at Sierra College supports the academic and personal success of students who have been part of the foster care system. The current California State financial aid for former foster youth emphasizes those foster youth that were in the system after the age of 13. This donation was specified by Kiwanis to be given to former foster youth who were in foster care and exited foster care before the age of 13 because they receive the least amount in state and federal financial aid. The Kiwanis Club of Gold Country also wanted this \$1,000 to provide \$500 scholarships to two second year students attending the Sierra College Nevada County Campus. They wanted to help those who were well on their way to graduation.



Left to Right: Karen Poskus, Secretary, Kiwanis Club of Gold Country Allie Aguilar, Counselor for former Foster Youth Attending NCC Robert Green, President, Kiwanis Club of Gold Country Coleen Young, Immediate Past President, Kiwanis Club of Gold Country Karen O'Hara, Executive Dean for the Nevada County Campus.



## Kiwanis Club of Gold Country

Contributed By Jan & Mike Weaver

## Annual Installation of Officers

On September 28th, Gold Country Kiwanis held their Annual Installation Pot Luck Dinner. Installed were Bob Green as President, Colleen Young as Past President, Karen Poskus as Secretary and David Jones as Treasurer. Not pictured is C.J. LaCivita, Gold Country Kiwanian of the Year.



GC Kiwanis Executive Board: Left to Right, David Jones, Treasurer, Bob Green, President, Karen Poskus, Secretary, Colleen Young Past President



Colleen Young, President presenting Judi Mosley with Distinguished Service Award



2023-24 Board: Left to right, Chuck Coovert, David Jones, C.J. LaCivita, Greg Nichols, Karen Poskus, Janice' Moule, Bob Green, Colleen Young and Tom Morrissey











## Kiwanis Club of Gold Country Contributed By Jan & Mike Weaver Gold Country Kiwanis Service Day

On October 21 members of the Gold Country Kiwanis and Nevada City Rotary Clubs enjoyed a joint community service workday. Seventeen members removed and segregated tools and materials from buildings at the proposed NJUHS Mechanics and Agricultural Campus for about 5 hours. The contents were designated for school use, donations or disposal; unusable items were taken to the disposal site and reusable items were donated to Habit's Restore. Existing lumber was cut to size to fabricate animal enclosures. The utility buildings may now be used for hands-on learning.









## Kiwanis Club of Gold Country

# Contributed By Jan & Mike Weaver Qigong on Mill Street

Grass Valley's Chamber of Commerce invited Homer Nottingham to have his Qigong Class on Friday, October 27<sup>th</sup> on our historic Mill Street. Approximately 50 people attended and enjoyed working out with Homer. GC Kiwanis provided Treats, Water and a Raffle of over 35 Items.



Amy Spencer and Aldo Vibanco







Greg Nichols was our raffle ticket seller!!!

# Kiwanis Club of Gold Country

#### Contributed By Jan & Mike Weaver

#### Gold Country Kiwanis 10,000 Meals Project

On October 25th, Gold Country Kiwanis provided 10,000 shelf stable protein-enriched packaged meals for our local food insecure. The project was held at the Food Bank of Nevada County. There were two shifts of packaging teams, one from 10-12 and the other from 12-2. We had approximately 40 volunteers from Kiwanis, Grass Valley Rotary and Nevada County Administrations and various real estate personnel.

- Pat Donaghey and Mary Sivila
- Ian Weaver
- Greg Nichols, Angela Nowlin, Amy Spencer, Chuck Coovert, Justin Gross, and Judy Mosley
- Angela Nowlin, Amy Spencer, Chuck Coovert, Karen Poskus, Greg Nichols, and Ryan Gruver, Director of Health and Human Services, Nevada County.









# Kiwanis Club of Gold Country

# Contributed By Jan & Mike Weaver Spooky Booky Event

On Halloween, Gold Country Kiwanis participated in in the Nevada County Libraries' Spooky Booky Event. Several hundred children attended that afternoon where they received free books and book markers. Several local agencies were also in attendance. The children (and parents) were dressed up in colorful costumes.



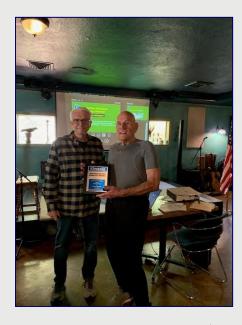
Mary Sivila



Allen Schafer aka Shoe-Shoe the Clown



Norm Westmore, Colleen Young, Jan Weaver, Amy Spencer, and Bob Green



Bob Green presenting Homer Nottingham with the Distinguished Service Award from Gold Country Kiwanis

#### Contributed By John Seigal



#### **FAMILY ACTIVITIES EXPO**

Kiwanis Club of Rancho Murieta in partnership with RMA and RMCSD present Rancho Murieta Family Activities Expo

> Sunday, September 10, 2023 4:00 p.m. ~ 6:00 p.m. Stonehouse Park

Learn about opportunities for your kids and teens from various local kid-focused organizations including sports, academics, arts, scouting, scholarships and more.

Plus demonstrations and hands-on activities!

This event is free!!















#### Contributed By John Seigal



The 2023-2-24 school year has begun, and Key Clubbers are on the run!

They have new officers and tons of activities and events lined up.

The three area key clubs are: Pleasant Grove High School, Sheldon High School, and Rancho Murieta.

Club Rush and the first general meetings encourage students to join many fun activities, learn about key club and get updated on upcoming service events.

Here are just some of the August 2023 activities area clubs were involved with. Pleasant Grove and Sheldon held a Division Council Meeting and Picnic on August 12 where boards were introduced with a mini spirit session.

Many participated in a tug-of-war, potato sack race, together with pie and watermelon eating contests.

On August 19 Pleasant Grove traveled to Folsom for a mitigation tree care service event while mulching and pulling weeds.

On August 19 Sheldon attended the *Christy Cares Annual Ice Cream Social* selling tickets, scooping ice cream, piping whipped cream and refilling water containers. A sample tasting followed

But, Sheldon members also attended the August 1 National Night Out and the August 3 AVID Beach Camp. This is just the beginning of what will be a very busy year.

Pleasant Grove has set up their goals for the year. They plan on gathering 2,500 service hours, raising \$3,500 and retaining 125 members

How will they do this? They will do this with a full calendar of events and service projects.

Here is their September line up. Two service events are happening September 9. Some Key Clubbers may plant and mulch at William Land Park while others may Walk to Fight Suicide at Sutter Health Park helping to set up and tear down.

helping to set up and tear down. The Batey Bobcat Bash is scheduled for September 15 from 5:00 p.m. to 8:00 p.m. at the Edna Batey Elementary School to assist in run-

ning carnival games.
September 16 is the Woodbine
Park Tree Planting at Woodbine
Park, the Region Training Conference and the Rancho Murieta Kiwanis Club Farm to Fork Dinner where
Key Clubbers will serve a wonderful

September 21 is the *Pleasant* Grove Elementary Sock Hop where members will serve pizza, set up, and tear down.

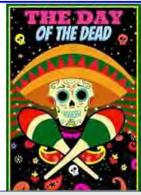
School events include the September 23 Mid-Autumn Festival. Additional opportunities to accumulate service hours will be September 24 helping to park cars for the California Capital Airshow and the September 30 Mess Fest Volunteer project at Prospect Park in Rancho Cordova for, yet another set up and tear down service event.

Many social events at Sheldon High School are coming up in September. September 2 is Open Mike Night, September 3 is the Chalk It Up Festival, September 6 is the School Food Fair, September 15 is the Fall Homecoming Rally, September 16 is the DCM, September 20 is the Powder Puff, September 22 is the Homecoming Parade and Game, and finally September 23 is the Homecoming Dance. What a month! Service events are also very impressive. September 8 is the Elk Grove Multicultural Festival where members can help organizers. September 9 is a very busy day with two service opportunities. Some may attend the SacTown's Finest Market while others may attend the Harvest of Hope Gala assisting organizers. September 16 also offers two service events. Walk to Defeat ALS and the Farm to Fork Dinner in Rancho Murieta allow members to collect

service hours.
Finally, the month will end with the *Mid-Autumn Festival* September 23 and the *California Capital Air Show* September 24. September will be busy. Recognition for service is very important to the Sheldon Monsters. They wish to recognize **Kristy Lee** as Officer of the Month. Kristy was the Vice President in the 2022-23 school year. She often went above and beyond expectations offering rides to events and maintaining a positive event.

#### **Key Club Motto:**

"Caring, our way of life."

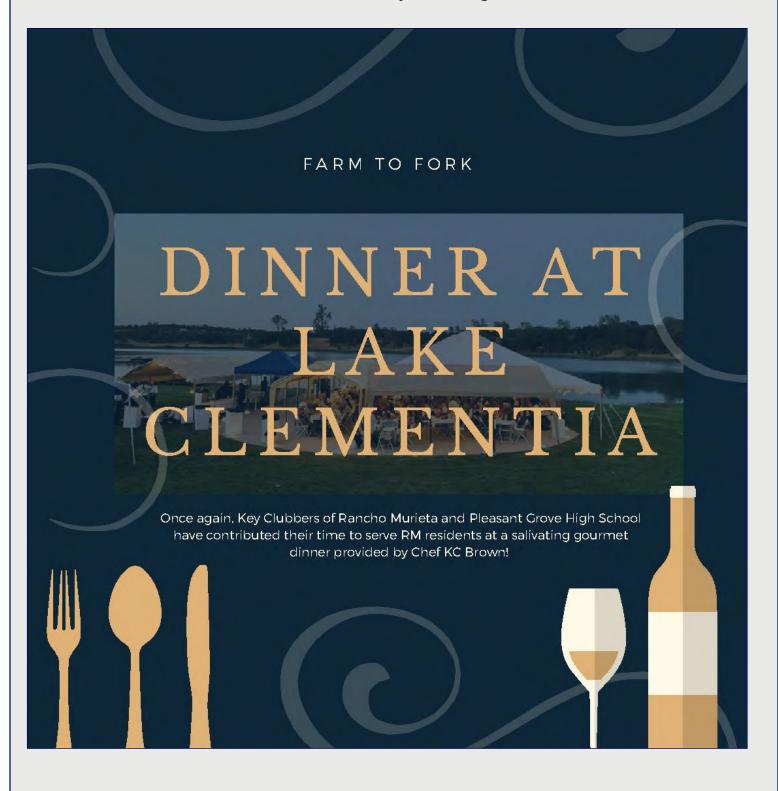




Carving pumpkins into jack-o'-lanterns is a popular Halloween tradition that originated hundreds of years ago in Ireland. Back then, however, jack-o'-lanterns were made out of turnips or potatoes; it wasn't until Irish immigrants arrived in America and discovered the pumpkin that a new Halloween ritual was born. Now pumpkins are commonly placed on stoops in the falls months, and get carved ahead of Halloween night.

Here are six things you may not know about them.

- Pumpkins are a member of the gourd family, which includes cucumbers, honeydew melons, cantaloupe, watermelons and zucchini. These plants are native to Central America and Mexico, but now grow on six continents—all but Antarctica.
- Indigenous North Americans have grown pumpkins for thousands of years—even before the cultivation of beans and corn
- 3. The name pumpkin originated from the Greek word Pepõn, which means large melon. It was then nasalized by the French into "pompo", which the English changed "pompon" to "Pumpion," and so on until American settlers arrived at the word we use today.
- Illinois harvested 41% of America's pumpkins (2019 data). It had 15,900 acres dedicated to pumpkin cultivation.
- 5. The heaviest pumpkin was grown in Belgium in 2016 and weighed a whopping 2,624 pounds. The heaviest pumpkin in the U.S. was grown in New Hampshire in 2018 and weighed 2,528 pounds. The largest pumpkin pie ever baked was in Ohio in 2010. It weighed 3,699 pounds and was over twenty feet in diameter.
- 6. Pumpkin seeds should be planted between the last week of May and the middle of June. They take between 90 and 120 days to grow and are picked in October when they are bright orange in color. Their seeds can be saved to grow new pumpkins the next year.





Rancho Murieta Key Clubbers are prepared for the evening that awaits, and are ready to be of service!



Rancho Murieta residents show their tickets to enter the ampitheatre, where their lakefront dinner will be provided.



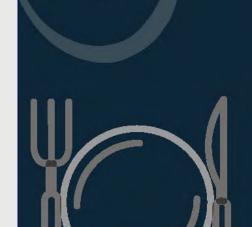
Alexis Blaisdell, Secretary & Treasurer of RM Key Club, is all smiles as she serves food to grateful residents with the help of Key Clubbers from Pleasant Grove High School.



Chef KC and his assistants help to assemble a delicious 4 - course dinner for hungry Rancho Murieta residents.

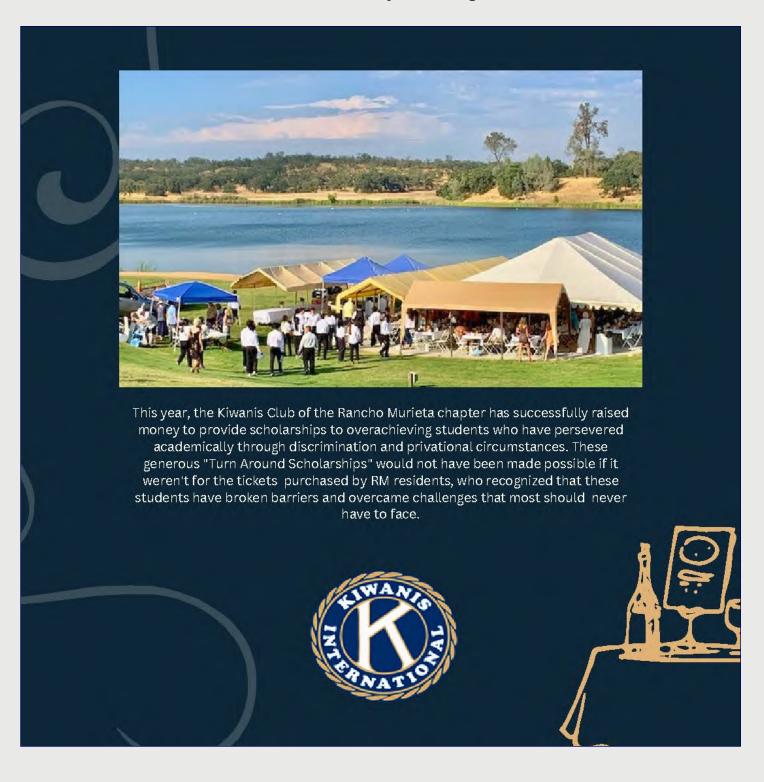


Brooke Blaisdell, our RM Key Club president, can be seen dillegently scrubbing dishes.





Eager Rancho Murieta residents patiently wait for key clubbers to serve them food.

















Contributed By John Seigal



Cotton Candy by: Kitty York

Face Painting by: Judy of All Party





The three loves of Music Mike:

- 1. I love music.
- 2. I love sharing music. 3. I love the reactions from the kids.





Contributed By John Seigal



# Kiwanis Club of Rancho Murieta Presents

# The "PAPER PLATE AWARDS"

- · Recognizes members for an achievement or hard work in the community
- Recognizes members for a funny quirk, gesture or most embarrassing moment
- Meant to liven up and lift spirits for members at the monthly meetings
- Awards will be given out at the 2<sup>nd</sup> meeting of the month
- Nominations are due the Tuesday prior to that meeting and should be sent to bonnie\_shewchuk@yahoo.com
- Any member can nominate a member for an award
- 2 awards will be given at the meeting(funny and achievement)

Dia Utterback
"The Idea Inventor"





Contributed By John Seigal



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Paper Plate Honoree:Joanne Brandt Music Mike Event Chair Presenter: Bonnie Shewchuk







#### Contributed By John Seigal





Rancho Murieta Key Club President **Brooke Blaisdell** stepped into some big shoes to assist the *Cosumnes River Elementary School PTA* in welcoming students to the first day of the 2023-24 school year!

The big, blue-feathered friend and Roadrunner mascot delivered smiles to all.

(Photo Credit C. Blaisdell)





The Key Club of Rancho Murieta's 2023-2024 club officers: Jack Blaisdell, Vice President and Webmaster; Alexis Blaisell, Secretary and Treasurer; Brooke Blaisdell, President; and Christian Lozada, Bulletin Editor and Historian; attended the Kiwanis Key Club Take Over Meeting on August 17 at the Villas Clubhouse.



Key Club Takeover Meeting Photo Credit: C. Blaisdell



Contributed By John Seigal

KIWANIS CLUB OF RANCHO MURIETA INSTALLATION OF OFFICERS AND BOARD



October 19, 2023 Terrace Room Rancho Murieta Country Club



# **Dia Utterback's snap shots**













Contributed By John Seigal

# Bright Award





The Kiwanis Family House board developed the Bright Award to honor Individuals, Kiwanis Clubs, Divisions, Districts, and Organizations.

It is named after the cofounders of the Kiwanis Family House **Vernon** and **Leona Bright.** 

The honoree supports the Kiwanis Family House which provides the comfort and temporary housing to these families in need, while their children are being treated at UCDAVIS Children's Hospital and Shriner's Hospital for Children, Northern California.

Jeannette Edwards 2023 Honoree is shown above.



#### Phoenix High School Key Club

Contributed By John Moran

Key Club Volunteering at the Salt Mine - Phoenix High School Halloween Huddle





#### Key Club Update

- *New Officers:* Shelby is the returning President, Isabella is the Secretary and Bianca is the Treasurer, Kiwanis member Ernie Drake will be mentoring this position.
- **Recycling Program:** Tuesday is Collection Day, Wednesday is Sort Day and Friday is Collection Day and taken to the Recycling Center.
- WPUSD: To spend \$15,000,000 to upgrade Phoenix High School. The work to start Summer 2024.
- **Treasurer Report:** Bianka reported Key Club has \$487.05 in the Treasury. Bianka also reported that a request for funds (\$296.47) was submitted by the Garden Class.
- Salt Mine: Anthony reported going very well, averaging 5 to 6 students per trip.
- *Clothes Closet:* Regan reported going very well. The Closet is seeing a lot of participation on the part of the students.
- *First Street Reading Program:* 3 Key Club members went through interview process, as this will be a paid program through WPUSD. Isabell, Bianka and Izzy to start on November 28, 2024.
- Association of Latin American Students: Several Key Club members are part of this program and it is hoped to combine efforts in the future for any mutual upcoming events.
- **Thank You:** Key Club members Kimbra, Alexis, Arianna, Olivia, Lily and Robert for their participation in the Lincoln Community Children's Free Health Fair.
- Fundraising: Phoenix High School fundraising set for January 27, 2024 at McBean Pavilion.



# Carlin C. Coppin Elementary School K-Kids Make Thanksgiving Baskets for the Needy

Contributed By Carol Judd & Frank Covey



The K-Kids of CC Coppin, as they have for the last 4 to 5 years, are making Thanksgiving Baskets for needy families. Shown in the photo, the K-Kids are making Thanksgiving Greeting Cards to go with the baskets.

This year the K-Kids Board have assessed the needs of the families. They have determined that turkeys aren't necessarily appropriate for the families that receive the baskets and instead have included a Wall Mart Gift Certificate so the families can choose the protein they want. During the month of November, the K-Kids will be collecting food for Thanksgiving Side Dishes to go into the baskets.

"The K-kids did a great job of putting Twelve Thanksgiving Baskets together. Lots of food items, as well as a Walmart \$10 gift certificate. They were proud and pleased!" - Carol



# Twelve Bridges Elementary School - Safety Awareness Poster Winners

Mrs. Ardito's Class and Mrs. Gutierrez' Class

Contributed By Marta Holm





# Sorting Christmas Items at Compassion Planet Thrift Shop

Contributed By Patti Covey and Beth Roberts







# Volunteering at Placer Food Bank

Contributed By Richard Bostdorff









# Kiwanis Club of Lincoln Foothills Orientation Gathering

#### Contributed By Mary Luciano & Nancy Bostdorff

On November 13th, the Membership Committee held Orientation for five new members. We welcomed: Jan Swearson, Dick & Sandy Wright, Pam Castro, and Dot West. New members enjoyed scones, coffee and of course, Mimosa's.

We reviewed the Structure and Purpose of Kiwanis and the Projects and Programs available to participate in. We spent a few minutes talking about the importance of visiting other Kiwanis Clubs. Visiting another club (Inter-club) gives you the opportunity to meet other Kiwanians and learn about their projects and their fundraising activities and meet new friends. Inter-Clubs are fun!

We have setup an Inter-Club with Roseville, our neighbors' down the road. Hope to see a lot of new members and their Ambassadors attend. On December 7<sup>th</sup>, we will carpool and visit the Roseville Kiwanis Meeting that will be held at 12:10 PM, Pacific Street Café, 301 Lincoln Street, Roseville. You can purchase a lunch or just by a drink. Please let me know by November 20<sup>th</sup> if you can make this Inter-Club. Just e-Mail Nancy at <a href="mailto:nbost@me.com">nbost@me.com</a> or Mary at <a href="mailto:mary-luciano@marcomadvantage.com">mary-luciano@marcomadvantage.com</a>.

Join the fun, join us at the Roseville Interclub on December 7th.

Membership Committee: Dottie Doctor, Didi Martin, Mary Luciano, Nancy Bostdorff



# Kiwanis Club of Lincoln Foothills "Step Up For Kids" Fashion Show

Contributed By Shirley Rainman



Committee Members working on the Shoe Favors for the "Step Up For Kids" Fashion Show.



From Left to Right:

Kathy Owens, Dottie Doctor, Nancy Bostdorff, Carol Judd, Sully Hannah, Didi Martin, and Liz Noel

"Step Up For Kids" Luncheon and Fashion Show was a new take on an old fundraising idea within the KCOLF signature events. It quickly blossomed into the final event that hosted 300 guests. Committee members ran with the shoe theme and created one-of-a-kind shoe centerpieces for each of the 30 tables plus 300 handmade shoe favors filled with chocolate. Guests arrived in their fashionable hats and they enjoyed lunch in the Grand Ballroom in Sun City Lincoln Hills Orchard Creek Lodge. The Fashion Show was a highlight featuring the latest trends from "Whim Be Beautiful" in Penn Valley, CA and "J.Jill" from Galleria Mall in Roseville. In addition to the Luncheon and Fashion Show, there were 30 prizes that were donated by Kiwanis Members and Local Businesses. Guests had the opportunity to purchase cards of prize drawing tickets and place them in bags for a chance to win their favorite prizes.

For Shirley Rainman, Committee Chairperson, "Step Up For Kids" is not just a slogan, it's a call to action. Along with her 10 person team, their efforts earned twice the expected fundraising goal. Discussions are now underway on the most meaningful ways these funds can be spent for the betterment of children's lives in Lincoln. The committee is already planning their second annual event for Saturday, November 2, 2024.

See Video at KCOLFF 2023 "Step Up For Kids" Fashion Show Video. (CTRL + Click)

# Kiwanis Club of Lincoln Foothills Kiwanis Club of Lincoln Foothills at Toys for Tots

Contributed By Bec Cannistraci



Don & Liz Noel on Halloween



Hot Dog with a Pickle on the Side...





#### What is Kiwanis

Kiwanis clubs, located in 80 nations, help their communities in countless ways. Each community's needs are different—so each Kiwanis club is different. By working together, members achieve what one person cannot accomplish alone. When you give a child the chance to learn, experience, dream, grow, succeed and thrive, great things happen.

**Service Footprint:** Service is at the heart of every Kiwanis club, no matter where in the world it's located. Members stage nearly 150,000 service projects and raise nearly US\$100 million every year for communities, families and projects.

A Family of Servant Leaders: Kiwanis clubs focus on changing the world by serving children, one child and one community at a time. To do this, many clubs also sponsor a Kiwanis family club—K-Kids for primary school children; Builders Clubs for adolescents; Key Clubs for teens; Circle K International Clubs for university students and Aktion Clubs for adults living with disabilities—to reach more people and have a greater service impact on their communities.

**Traditional and Not:** No two Kiwanis clubs look exactly the same. Each member's and community's needs are different, and each club should look different. Some clubs are very traditional, with weekly meetings and a strong sense of history. Other clubs don't meet at all, and instead hold meetings online and only come together for service projects. Newer clubs may follow the 3-2-1 concept: 3 hours of service, 2 hours of social activity and a 1-hour meeting each month. Clubs should reflect their communities and their members and should work to meet their needs. Flexibility is key to a successful club.

**Fellowship and Fun:** Kiwanis members don't just do service—they have fun. Members make new friends by being part of a club where they attend meetings and participate in social events. Kiwanis clubs also provide excellent networking opportunities for professionals. Members meet new people from all over their region and the world through service projects, fundraising and by attending district and Kiwanis International conventions.

#### What Do Kiwanians Do?

- Kiwanians Volunteer. Kiwanians Build. Kiwanians Help. Kiwanians Mentor.
- Kiwanians Give Scholarships. Kiwanians Prevent Maternal / Neonatal Tetanus.
- Kiwanians Sponsor Circle K, Key Clubs, Builders Clubs, K-Kids & Aktion Clubs.
- Kiwanians Teach Leadership. Kiwanians Sponsor Bringing Up Grades and Terrific Kids Programs.
- Kiwanians Support National Programs.
- Kiwanians Support countless worthwhile local programs such as Homeless Shelters, Teen Programs, and Programs for Children with Disabilities / Disorders / Disease.



#### Kiwanis Mission & Values

#### The Kiwanis Mission

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.

#### The Kiwanis Vision

Kiwanis will be a positive influence in communities worldwide — so that one day, all children will wake up in communities that believe in them, nurture them and provide the support they need to thrive.

#### The Kiwanis Motto

Serving the children of the world.

#### The Kiwanis Objects

The six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 Kiwanis International Convention in Denver, Colorado. Through the decades, they have remained unchanged.

- 1. To give primacy to the human and spiritual rather than to the material values of life.
- 2. To encourage the daily living of the Golden Rule in all human relationships.
- 3. To promote the adoption and the application of higher social, business and professional standards.
- 4. To develop, by precept and example, a more intelligent, aggressive and serviceable citizenship.
- 5. To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service and to build better communities.
- 6. To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism and goodwill.

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#### **Division Inter-Club Meetings**

Inter-Club: An inter-club meeting is a meeting or activity staged by two or more Kiwanis family clubs including Division Council Meetings, Kiwanis Club, Circle K, Key Club, Builders Club, K-Kids, Aktion Club, Conferences & Conventions.

The definition of an inter-club was expanded from simply attending another Kiwanis club meeting to include attending Fundraisers, Projects, Activities and Social Events of another K-Family Club.

The broadened definition promotes more opportunities for fellowship, education and encourages greater interaction between *Kiwanis Clubs and our Service Leadership Programs*:

- Clubs with 20 or Fewer Members need a minimum of <u>two</u> members in attendance to constitute an Inter-Club Meeting.
- Clubs with 21-30 of three members need a minimum of three members attendance to constitute an Inter-Club Meeting.
- Clubs with 31 or More Members need a minimum of <u>four</u> members in attendance to constitute an Inter-Club Meeting.

Visiting groups shall be composed of a minimum of two Kiwanians plus members of K-Kids, Builders Club, Aktion Club, Circle K, or Key Club must be in attendance. A Lieutenant Governor can only be included if they are a member of the participating club.

Inter-Clubbing is a means of supporting Kiwanis' Fifth Object, which is "To provide, through this club, a practical means to form enduring friendships, to render altruistic service, and to build a better community".

Through the fellowship gained by inter-club activities, members learn how other clubs function, get to know their neighboring Kiwanians, develop new ideas and a broader interest in how Kiwanis operates, find new ideas for use in their own club, and become better Kiwanians.

Inter-Clubbing creates fun and strong fellowship.





#### Division Council Meetings (DCM)

Date	Time / Location	Host Club
Monday, October 9, 2023	5:30 PM - By Zoom	Folsom Lake
Monday, November 13, 2023	5:30 PM - By Zoom	Rancho Cordova
December	No DCM	
Monday, January 8, 2024	5:30 PM - By Zoom	Auburn
Monday, February 12, 2024	5:30 PM - By Zoom	Citrus Heights
Monday, March 11, 2024	5:30 PM - By Zoom	Orangevale / Fair Oaks
Monday, April 8, 2024	TBD	Lincoln Foothills
Monday, May 13, 2024	TBD	Sacramento /Suburban
Monday, June, 10, 2024	TBD	Folsom Lake Kiwanis Club
July	No DCM	
Monday August, 12, 2024	TBD	Folsom Lake Kiwanis Club
Monday, September TBD, 2024	TBD	Division 44 Lt. Governor's Installation

Note: TBD are the months we are trying to have an in person DCM. More Information to Come.

#### What

A meeting where members from the different clubs in Division 44 get together to share successes, plans and concerns. A time to honor our differences and celebrate our achievements.

#### When

• Second Monday of Each Month: 5:30 PM We count the Lt. Governor Installation as a DCM.

#### Who

• All members of our Kiwanis Family.

#### Where

• Via Zoom - Until further Notice.





#### Division, District & International Calendar of Events & Activities

#### Kiwanis Division 44

2nd Monday

Division Council Meetings - 5:30 PM - Zoom Meeting Online

#### Newsletters, Articles & Photos Submissions

e-Mail your Newsletters, Articles and Photos to <u>Michael Luciano</u> for publication by the last day of the month. Please include an <u>Article Narrative</u> and <u>Names of People in the Photos</u>.

# Newsletter & Website Club Information

Club Officers, please review your <u>Club Information Webpage</u> and <u>Newsletter Club Information Page</u> for accuracy and submit Updates / Changes to <u>Michael Luciano</u>. Clubs are responsible for the accuracy of their Club Information.

