



Message From The Lt. Governor



Gail Cirata

Hi everyone,

Well, a new Kiwanis year and my first opportunity as your “new” Lt. Governor to communicate with all of you with this newsletter...

So far it has been quite a ride! We started off with our first President’s Club Meeting prior to the start of the Kiwanis year. Eleven presidents were able to come together and not only get familiar with each other but to share many things...some of their concerns and frustrations but also their successes as well as some of their goals for the coming year... their second meeting was at Koob Nature Preserve in Carmichael the first week of November. Again, we had about eleven presidents attend. They have set up to meet every other month and now are able to communicate with each other more easily... hopefully building a good support system for each other as well as for our clubs.

The key clubs hosted and were the speakers for the November DCM. What an intelligent, kind, and well-spoken group of youngsters we are privileged to have. Please consider asking them to host your own meetings...or offer to help them with their installations or their fundraisers...or ask them to help you — they are always willing!

New to Division: Hero of the Month Award. It is time to celebrate some of the people that are at the very heart of our clubs. It is not about who did the most fundraising or the most of anything but who really supports the very essence of your club. (Continued On Page 3)

Division Council Meetings

2nd Monday, Meeting at 5:30 PM

Currently Via Zoom

2022-2023 Leadership Team

Lt. Governor: Gail Cirata / Lincoln

Lt. Governor-Elect: Charlayne Bowman / Folsom Lake

Past Lt. Governor: Donna Judah / Lincoln

Secretary: Open

Treasurer: Angela Nowlin / Gold Country

Capital Division Circle K Lt. Governor: Sophia Emerson

Division 44N Key Club Lt. Governor: Justin Kuo

Division 44S Key Club Lt. Governor: Wafa Suhir

Division 44W Key Club Lt. Governor: Ryan Leung

2022-2023 Club Presidents

Auburn: Bill Sammons

Carmichael: Jenny Hawley

Citrus Heights: Ben Middleton

Folsom Lake: Charlayne Bowman

Gold Country: Colleen Young

Lincoln: Cynthia Liddell

Lincoln Foothills: Bec Cannistraci

Orangevale-Fair Oaks: om Ihm

Placerville: Bob Verzello

Rancho Cordova: Ashley Hill

Rancho Murieta: Al Brown

Rocklin: Steve Roe

Roseville: Brian McClean

Sacramento Suburban: Caren Lagomarsino

Editor / Publisher: Michael Luciano



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Message From The Lt. Governor (Continued)

I am thrilled to have the honor to be working with our new governor Valarie. She is doing some new and very valuable things to move Kiwanis into this post-covid time.

At her latest monthly meeting with Lt. Governors:

Challenge for November: each Lt. Governor to personally ask two people to become members...

Reminded everyone that there are local grants to be applied for obtained relatively easily. Our cities/towns were given large amounts of funds to be distributed as covid restoration grants-and I know that some of our clubs have already been granted those funds.

Also, most major corporations: Taco Bell, Walmart, McDonald's and many others have grants to give to their communities. Ask...you may be surprised how generous they can be.

***Dare to be Extraordinary** is the theme for the upcoming Mid-Year Conference: **January 27/28**, in Monterey... I can hardly wait... Golf, Wine Tasting, World Famous Aquarium or just some private places to take a walk... Secret Beach, Pt Lobos, Ventana and... oh yes loads of interactive workshops and education! Please come...*

*Regional Training Conference: **February 18th**. New process: Patriotism Committee is setting up to a new process to obtain Banner Patches to honor our veterans and their families, etc.*

In closing, I would just like to thank the clubs that I have been able to visit so far... you have been very gracious and kind and loads of fun! That is an unanticipated benefit to being Lt. Governor. And I treasure every one of you...

Also, if you are having any particular issues that I might be able to help with please do not hesitate to contact me...it is part of my work to be able to help you or point you to the people that can...

Happy holidays...

Gail



Kiwanis CNH Children's Fund

Contributed By Anthony Antonelli / Foundation Director and Ambassador Chairman

NEWS YOU CAN USE

from the Cal-Nev-Ha Children's Fund

DECEMBER 2022

REQUIRED MINIMUM DISTRIBUTION

Required minimum distributions, or RMDs, are a congressionally-mandated distribution from traditional retirement accounts. As an alternative to higher taxable income as a result of a required RMD, Congress created Qualified Charitable Distribution rules, so donors may transfer their RMD to their favorite charity, such as the Cal-Nev-Ha Children's Fund. Learn how you can both lower your taxable income and support the Cal-Nev-Ha Children's Fun by reading our Required Minimum Distribution [FAQ's](#)

MID-YEAR NORTH REGISTRATION IS OPEN

JANUARY 28, 2023
Monterey, CA



FOOD | FUN | FELLOWSHIP



REGISTER NOW!

Did you hear the news? [Registration](#) for the Mid-Year North Education Conference is now open! Be sure to register before December 16th and save \$5 on the registration fee. And stay tuned as registration for the Mid-Year South Education Conference will open soon.

SERVICE AWARDS

Governor Val is gearing up to start her official visits in January and would love to present a [Service Award](#) to a deserving Kiwanian or community member during the Governor's Official Visit to your division! If your division or region is one of her first stops, now is the time to order your [Distinguished Service Award](#), [Community Service Award](#) or [Youth Service Award](#). Place your order today and then sit back and enjoy the holiday season.



MEET EMMANUEL!

Thanks to your generous gifts, students such as Emmanuel can attend their dream college. [Click here](#) to learn what Emmanuel is studying at Columbia University and how a scholarship from the CNH Children's Fund is being used to support his learning.

SAY YES2YOUTH

As the year comes to an end, we can't help but reflect on the amazing support from YOU. With so many great charities available to select, we're always humbled by the many individuals, clubs and organizations that choose to support the Cal-Nev-Ha Children's Fund and our mission of building a better future for our children.

Your generosity enables us to support our Service Leadership Programs members - students such as [Emmanuel](#) - with scholarships. Your gifts provide leadership training opportunities for hundreds of students annually. And you make it possible for our Kiwanis clubs to launch new service projects by providing them seed money. For this, we are forever grateful.

We hope you will join us in making this our most successful year by saying YES2YOUTH with a gift to our YES! Initiative. Saying YES2YOUTH has never been easier with three ways to give ...

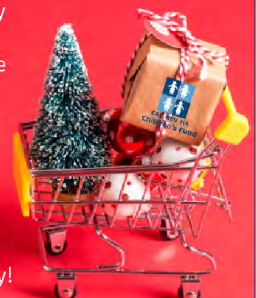
1. [Click here](#) to make a gift;
2. Scan this QR code; or
3. Text YES2YOUTH to 71777

It is only with your help that we can continue to provide for our Kiwanis family in the coming year - and for many years to come!



SHOP amazon smile

Can you believe Black Friday sales are already upon us? The CNH Children's Fund has the perfect way for you to save gas, shop for the latest sales while supporting us - at no extra cost to you! Visit smile.amazon/ch/94-1623498 and start your holiday shopping today!



*Kiwanis Club of Auburn
 2022-2023 Installation of Officers
 Contributed by Pam Irwin*



*Kiwanis Club of Auburn
 Installation
 Wednesday, September 28, 2022*

Outgoing Officers and Board

*Laird Smith Master of Ceremonies
 Thank you for your Dedication*



*Presidents
 Secretary
 Immediate Past President
 Board Member*

*Bob Achilles and Cliff Heitz
 Carrie Achilles
 Michael Koons
 Roy Bigge*

*Incoming Officers and Board
 Congratulations*

*President
 President Elect
 Secretary
 Treasurer
 Immediate Past Presidents
 Board Members: Carrie Achilles, Pam Irwin and James Moon.*

*Bill Sammons
 Bruce Glatzel
 Michelle Sierra-Sammons
 David Irwin
 Bob Achilles and Cliff Heitz*



*Kiwanis Club of Auburn
Service Leadership Programs
Contributed by Pam Irwin
Colfax Builders Club*

Mike Koons announced that he is in the process of resuming the Colfax Builders Club this school year. More to follow.

EV Cain Service Club

The EV Cain Service Club had their first meeting on September 13th under the leadership of Shirley Paris. There were 16 students interested in becoming members at that meeting. They meet weekly on Tuesdays after school in room 9. They will be taking a 2 week break in October due to their involvement in the annual Renaissance Faire, so their meetings will resume on October 18th. The President and Vice-President were elected at the close of the last school year. At the September 27th meeting they held an election to fill the Secretary position. They are planning on completing the election of the remaining officer positions, Treasurer and Committee Chair, at their October 25th meeting.

They have been busy making thank you cards for the firefighters that battled the Mosquito Fire which was so close to home.



Their first service project was to provide assistance to the cross country coach running the meet hosted by EV Cain at Railhead Park on September 29th. Their next service project will be assisting in the setup of the Renaissance Faire being held mid-October.

Dave Irwin was able to attend the Kiwanis International zoom training event for club liaisons. Hopefully, we will be better able to support Shirley Paris and our Builders Club.



Kiwanis Club of Auburn Service Leadership Programs

Contributed by Pam Irwin

Colfax Key Club

Mike Koons has completed the paper work necessary to charter a Key Club at Colfax High. The application and chartering fee were mailed to Kiwanis International in the middle of September. We are expecting International's approval shortly. Several former Colfax Builders Club members had taken the lead to recruit enough interested students to meet the membership chartering requirements. They were able to recruit 27 students to become charter members. They will be meeting every other Friday on their lunch hour. Let's do a shout out to Mike for his ongoing efforts to make this happen.

Placer Key Club

Our sponsored Key Club had service events every week at their meetings. They made over 100 cards for kids in hospitals. The cards were mailed off to the Agency this past weekend. All members in attendance at the meetings received 1/2 hour of service each week for making the cards during the meeting. This past weekend was a busy one as 8 Key Clubbers helped with take down and cleanup at the 125th Placer High School Celebration in Old Town and received 2 hours each for service. They did an awesome job. Another 8 Key Clubbers volunteered their service at the Mud Run at Regional Park.

Upcoming events for October will be doing a project called Color Smile where they color pictures for kids, and they also get mailed to them. This is a division project. Also coming up is Trick or Treat for UNICEF and Fall Rally at Six Flags Discovery Kingdom on October 22nd. This event is a fundraiser for PTP (Pediatric Trauma Program) which is a District project. Key Club meets every Thursday during the lunch period from 12:13 to 12:43 in Room 617. Anyone can attend, if desired, to see what our Key Clubbers are doing. Our new Key Club Faculty Advisor is Erin Lee, an English teacher. So far, we have 33 paid members, and several students still have their paperwork and dues to turn in. We are off to a great start.

Renaissance Fair

EV Cain is hosting their annual Renaissance Fair mid October. Seventh graders will be attending Friday, October 14th. There will be 2 time slots, 10:00 am to 11:15 am and 12:00 pm to 1:15 pm. All Kiwanis members are welcome to attend. If you are planning to come, email Shirley Paris before October 10th at sparis@auburn.k12.ca.us. Put "Ren Fair" in the subject and provide the time slot and name(s) of those planning to attend. Then show up directly to the EV Cain football field.



Kiwanis Club of Auburn

Contributed by Pam Irwin

State of the Community Dinner

Our very own Builders Club Faculty Advisor at EV Cain, Shirley Paris, is being recognized for her contributions to education for the State of the Community Awards based on her countless hours of giving back to students and staff. A more in depth article was published in the September 24-25th edition of the Auburn Journal. It is well worth the read. The State of the Community Dinner will be held Thursday, October 6th, at Gold Hill Gardens, 2325 Goldhill Rd, Newcastle with cocktails starting at 5:30 pm and dinner following at 6:30 pm. Tickets can be purchased from the Auburn Chamber of Commerce online at <https://www.auburnchamber.net/state-of-the-community>.



Let's come out and support Shirley's accomplishments.

State of the Community Dinner

Our very own Builders Club Faculty Advisor at EV Cain, Shirley Paris, recognized for her contributions to education for the State of the Community Awards based on her countless hours of giving back to students and more in depth article was published in the September 24-25th edition Auburn Journal. It is well worth the read. Five Kiwanis members attended the State of the Community Dinner support Shirley; Carrie Achilles, Dave Irwin, Daniel Berlant, Jim Holmes, Michelle Sierra-Sammons. Michelle made the award presentation.



Two Service Projects Back to Back 4H Buyers BBQ

The 4H Buyers BBQ took place on Saturday, September 10th at the Gold Country Fairgrounds. Our club donated \$500 to Feed the Hungry. In addition, we helped with the food preparation. In the Kitchen were Carrie Achilles, Yvette Martinez, and Pam Irwin chopping zucchini, slicing tomatoes, and preparing the romaine lettuce for the tossed salad. Manning the barbecue were Bob Achilles, Jeff Rupp, Don Ball, Ted Nishimoto, Laird Smith, Cliff Heitz, Dave Irwin, and Bill Sammons. They cooked up marinated pork loin along with some of the largest chicken breasts I have ever seen. Gil Hemmer collected tickets from the hungry and anxious-to-eat crowd, maybe 400 to 500 in all.

Kiwanis Club of Auburn

BBQ

Contributed by Pam Irwin

A menu of tossed salad, mixed squash, baked beans, fruit cocktail, mashed potatoes, rolls, and of course the main entrees of pork and chicken. Club members Carrie Achilles, Yvette Martinez, Kim Hemmer, Lori Heitz, Michelle Sierra-Sammons, and Pam Irwin served a long line of guests. Pam noticed that many of the younger crowd passed on the baked beans because they apparently had dates later that evening. A variety of desserts were also offered. This is always a hectic and yet fund event. Our access to the large barbecue that Bob Achilles has always picked up in the past from the Traynors may not be available to us next year. Their property is in transition. Bob was able to get one this year, but it required several hours of clean up on his part. Thank you Bob for getting the job done. The dinner ended with members enjoying a meal and watching the kids play in the huge tubs of ice water that had earlier kept the drinks cold.



EV Cain Service Club

The EV Cain Service Club resumed meeting on October 18th after a break getting ready for the Renaissance Faire. They continue to meet weekly on Tuesdays after school in room 9. Suzie Decamp's, 6yr old Memphis (Suzie's grand-daughter) and Shirley Paris took treats and cards to the Hot Shots stationed in Foresthill. We made Memphis an honorary Service Club member! She was a BIG hit! Getting credit for our sponsor clubs. We're hoping to take the Club officers this week to the Cal Fire Office with more thank you cards for the firefighters that battled the Mosquito Fire.



Kiwanis Club of Auburn Service Leadership Programs

Contributed by Pam Irwin

Colfax Key Club

The Colfax High Key Club is officially chartered. Several former Colfax Builders Club members had taken the lead to recruit enough interested students to meet the membership chartering requirements. They were able to recruit 27 students to become charter members. They have started meeting every other Friday on their lunch hour. Let's do a shout out to Mike for his ongoing efforts to make this happen.

Placer Key Club

The Placer Key Club had a month long service event at each meeting making cards for Smile.org. The cards go to children in hospitals who need some cheering up. The cards made this month were Halloween themed. October was also the month for Fall Rally North at Six Flags in Vallejo on the 22nd.

Natasha Penman and Katie Jackson attended. Key Club ran the Kiwanis meeting on October 26th . Maddie Labrecque, President; Kady Gregg, Senior Representative; Ava Conn, Sophomore Representative; and Erin Lee, Faculty Advisor were in attendance. Maddie did a great job in telling about past and future events. They will be volunteering at the Mandarin Festival in November and doing another service event at each meeting. They are also looking forward to volunteering at the Sees Candy Store and Christmas For Kids.



KIWANIS CLUB OF AUBURN CA

"Serving the Children of the World"



Kiwanis Club of Placerville

Contributed by Bob Verzello

Child Trafficking in El Dorado County and Northern California



Kiwanis®
PLACERVILLE

October 11, 2022

RE: Child Trafficking in El Dorado County and Northern California

Dear Fellow Kiwanians, Sponsors and Concerned Members of the Community:

October 1st marked the start of a new fiscal year for the Kiwanis Club of Placerville. As you know, Kiwanis is all about serving the children of our community and this year we are exploring the dark and complicated challenge of child trafficking. Firstly, we plan to focus on educating our membership, our sponsors and our community on the very real danger that child trafficking poses to our children right here in El Dorado County and Northern California. We've invited distinguished speakers to address our club at our regular meetings during the next couple of months to educate us on the problem and help guide us to find the best way for us as a service club to help protect and defend our children.

[You are cordially invited to join us in this journey by attending one, some, or all of our upcoming meetings focused on this endeavor.](#)

Here is our calendar:

Wednesday, October 19th at 12:00 PM
Detective Jason Collins
Federal Bureau of Investigation (Sacramento Region)
www.fbi.gov

Wednesday, November 2nd at 12:00 PM
Detective Russ Adams
El Dorado County Sheriff's Office
www.edso.org

Wednesday, November 9th at 6:00 PM
Ms. Ashlie Bryant, Chief Executive Officer
3 Strands Global Foundation
www.3strandsglobalfoundation.org
and
Dr. Ed Manansala, Superintendent
El Dorado County Office of Education
www.edcoe.org

Wednesday, November 16th at 12:00 PM
Mr. Vern Pierson
El Dorado County District Attorney
www.eldoradoda.com

Kiwanis Club of Placerville

Contributed by Bob Verzello

Child Trafficking in El Dorado County and Northern California

Wednesday, December 7th at 12:00

Ms. Lesley Barlow, Deputy County Counsel
Amador County

Wednesday, December 14th at 6:00 PM

Mr. Chase Ricketts, Senior Staff Engineer
Thorn: Digital Defenders of Children
www.thorn.org

Please come learn with us and partner with us as we embark on this journey!

Where:

[Cold Springs Golf and Country Club](#)
6500 Clubhouse Drive
Placerville, CA 95667
1 (530) 622-4567
(www.coldspringsgolf.com)

Kiwanis is capable of big things. We're already off to a good start after hearing from Mr. Ryan Townsend, Executive Director of the Justice Coalition of the Central Valley last week. I'm confident that we can and will tackle this very thorny issue with the confidence, dedication and exemplary service that we are known for. If you plan to attend as a sponsor or concerned member of the community, [please RSVP with me by phone call, text or email \(no later than the Friday before the meeting you plan to attend\)](#), so we can arrange your lunch or dinner for the meeting. Of course, don't hesitate to call me for more information about our journey and how you can help.

Thank you,

Robert Verzello Jr.
President
Kiwanis Club of Placerville
530-748-7225
rverzello@comcast.net

www.kiwanis.org

Kiwanis Club of Sacramento Suburban

Contributed By Karen Cross

Boys and Girls State

Fred Borowski coordinated the Boys and Girls State presentation for our club meeting. Our club has sponsored students for this event for decades. Sharon Everett, Naomi Errecart, Mark Mooshian and Gary Ross interviewed candidates to attend the events that were held this summer at CSUS. About 400 students between their Junior and Senior years of high school participated in each program. The students routinely have found this as an enriching experience that has often initiated long time friendships.

Our own Kent Casey attended Boys State in Florida and NBA legend, Michael Jordan also attended Boys State as a youth.

The students that spoke to us were Catie Burnett (Mira Loma High School), Surina Naran (Rio Americano High School), Titilope (TT) Oluto (Mira Loma High School) and Trevor Frank (Rio Americano High School). Catie ran for Energy Commissioner and decided to major in Environmental Science in college. She described this as a very enriching experience. Surina ran for a couple offices and did not win, but said that she learned a lot about herself and was happy to have met many wonderful people. She said that her city was named the most spirited city. TT was overwhelmed by meeting accomplished people from around the state. She ran for and was elected as an Assemblywoman. She worked on a healthcare bill that passed. She knew very little about veterans when she started the program and after learning about veteran's needs, started a Veteran Support program at her High School. Trevor thought he understood how the government worked but learned the importance of networking. He ran for two offices and lost, but felt he began lifelong friendships.

Susan Casto with the American Legion Auxiliary and co-chair for Girl's State presented the girls certificates and sashes. She thanked Kiwanis for our support. Verlene Castoreno, the Auxiliary unit president and "Cookie" also attended. Sylvia and Ted Hillyer also attended. They told us that Boys state was founded in 1935 and that as counselors they also bond with other counselors. They told us that next year Boys State would be going co-ed. Clothing consistency and other considerations were being established.

James Chambers told us that his grandniece participated in Girls State and that it provided future opportunities for her.

Hopefully we will continue to support this worthwhile program for many years to come.



Kiwanis Club of Sacramento Suburban

Contributed By Karen Cross

Boys and Girls State



Kiwanis Family House



President Caren and Past President Bruce donate goodies to the Kiwanis Family House

Kiwanis Club of Sacramento Suburban

Contributed By Karen Cross

Installation

The Lagomarsinos hosted the installation of new officers and directors on Saturday September 24. Caren's 101 year old mother, twin sister, Carol, brother Craig and son Bryce joined with numerous Kiwanians, spouses and other guests to thank the past years team and install the new. With a dynamic leader like Caren, it is bound to be a great year.



Kiwanis Club of Sacramento Suburban

Contributed By Karen Cross

emPOWERment Park Groundbreaking

Chris Creelman, Kent Casey, Ryan Harding, and Jim Johnson represented our club at the groundbreaking ceremony.



Warren Holway Memorial Golf Tournament Results & Awards

Low net and longest drive: Jim Wunschel
Low Calloway: Mike Brownell

Low gross and least putts: Chris Creelman,
Closest to pin: Tom Fleischman



Kiwanis Club of Sacramento Suburban

Contributed By Karen Cross

!!!Tastings, Treasurers and Tunes!!!



Kiwanis Club of Citrus Heights

Contributed By Roger Klausler

The City of Citrus Heights City Council honored our club's 50th Anniversary at its September 22 meeting. Our club has raised and contributed over \$1 million to the Citrus Heights community since 1972.

Our annual Crab Feed will be held on February 10 at 7pm at the Citrus Heights Community Center. The Crab Feed, which will celebrate its 37th year, will feature a live auction, a silent auction, a wine raffle, pourings of high-end wines, beer, and spirits, and...of course...crab and shrimp dishes. Admission will be available at \$70 per person and \$650 per table. Members of our high school Key Clubs will aid us in setting up and conducting the silent and live auctions.

Jayson Thompson, Veronica Hunter, Katie and Edd Escajeda, Louise and Vernon Brown, Cindy Fleming, Steve Anderson, Tom Steadman, Amanda Subia, and Larry Viegas attended the first organizational meeting.

Kiwanis Family House Board member Vernon Brown reported that the House recently focused on these two issues:

- *Safety and appearance: Volunteers have raked leaves, spread wood chips, and sprayed for weeds; moved old electronic items to the e-waste storage for later disposal; painted rooms and hung new curtains; met with the UCD Fire Marshal to discuss storage issues where electric panels are located. And Citrus Heights member Edd Escajeda, who works for Kitchen Mart, installed in the RV bathroom solid surface material that Kitchen Mart donated.*
- *The future of the House: The Board met on October 29th and discussed the viability of the House and if they want it "to exist or to grow". Simply existing as it is currently isn't an option; it needs to grow, not in physical size, but by increasing funding to sustain the facility and staff. The pandemic had serious financial effects on the House because sponsor clubs were not able to sustain their giving and the House lost over 40 sponsoring clubs. Executive Director Paula Kelly is working to rebuild the lost funding by applying for grants and speaking at meetings of the past sponsoring clubs. In addition, the Board Members will be tasked to seek additional funding sources and use their community connections to encourage new funding sources.*

Thousands of Key Clubbers from across the Cal-Nev-Ha district thronged to Fall Rally North on October 22. About 60 key clubbers from Division 44 West attended, of which roughly half were from our Mesa Verde and Center Key Clubs. D44W won 2nd place in the spirit session competition!

At the Citrus Heights PALs Trunk or Treat on October 26, our President Ben Middleton and members of the Mesa Verde Key Club were superheroes handing out candy to about 3,500 people at this annual Halloween event.

Working with Citrus Heights HART on October 29 to collect new and gently used winter coats for San Juan Unified School District students and families were Evan SooHoo, Ben Middleton, Jayson Thompson (serving as the photographer) and the Mesa Verde Key Club. These coats will be available at the Underground Clothing Connection for families in need.

ELIMINATE
maternal/neonatal tetanus

Kiwanis Club of Citrus Heights

Contributed By Roger Klausler



Kiwanis Club of Citrus Heights

Contributed By Roger Klausler



Kiwanis
CLUB OF CITRUS HEIGHTS

&



SOROPTIMIST

Best for Women®

Soroptimist International of Citrus Heights

Present the 37th Annual

Come Join us for an
Evening of Food and Fun!

* Raffle * Silent Auction *
* Wine Auction *

Scan & Pay Here!



Contact info:

Jayson Thompson
jaysonthompson@gmail.com
(916) 208-7442



Friday, February 10, 2023

Doors Open 6pm · Dinner Starts 7pm

Citrus Heights Community Center

6300 Fountain Square Dr., Citrus Heights, 95621

PRICE: \$70/Ticket · \$650/Table of 10

PAY: citrus-heights-kiwanis.square.site



Proceeds Benefit:



We helped build, maintain, and operate the Kiwanis Family House located adjacent to ECD Medical Center, Sacramento. Kiwanis Family House provides temporary housing for the families of critically ill and injured children at the medical center.

Additionally Proceeds Benefit:

- Citrus Heights P.A.L.—Police Activities League
- 3 Local High School Key Clubs
- Annual Easter Egg Hunt
- Christmas at Koobs Nature Center
- Sayonara Center
- High School Scholarships, and Other Local Community & Service Projects

Kiwanis Club of Lincoln

Contributed By Mike Hamaker

Lincoln Festivals

We participated the Downtown Lincoln Halloween Fest was on 10/31 from 3-5 in the Plaza (picture below). Colleen, Tami and Cynthia were there representing us.



Kiwanis in Action!!! Cynthia, Arlene and 2 members of our LHS Key Club represented the club at the Annual Fall Festival at Scott Leaman Elementary School on Friday, November 4th! Lots of fun for the children playing Skee Ball!



Kiwanis Club of Roseville

Contributed By Anna Gonzales-Cifuentes

Budget Meeting @ McClean Home



Music Trivia @ General Meeting



Raingutter Regatta



Builders Club Blanket Making



Kiwanis Club of Roseville

Contributed By Anna Gonzales-Cifuentes

Kiwanis Club of Rocklin Guests @ our General Meeting - General Meeting with special guest Chief Bartree



Key Club Sep. DCM @ Mesa Verde HS



Installation Dinner



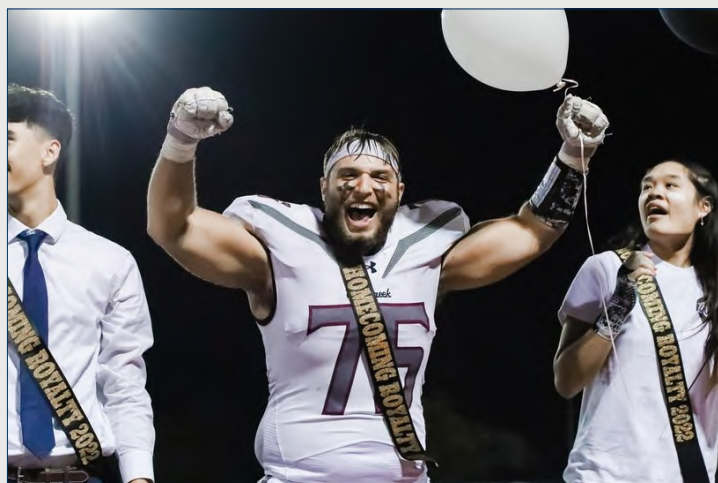
Kiwanis Club of Roseville
Contributed By Anna Gonzales-Cifuentes
Bikefest



Pres Brain M with Lackeys @ Bikefest (JKRON & MIKE!)



First Daughter Rebecca Giving Instructions (Left) Successful Event For Families (Right)



Trent Herbert finding out he was selected for Homecoming Court

Kiwanis Club of Roseville

Contributed By Anna Gonzales-Cifuentes

Bacon & Brews Fest



Key Clubbers helping John with the 44 symbol while set up for RPAL's Bacon & Brews Fest



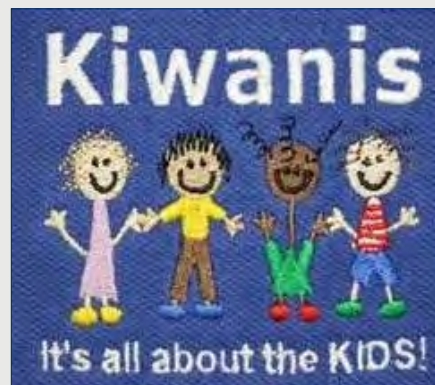
Ted, John and Richard take a much needed rest on a HOT day!



Kiwanians getting ready to work the Event!



It took about 4 hours to set Up!



Kiwanis Club of Roseville

Contributed By Anna Gonzales-Cifuentes

The case of the missing chocolate box...

On Oct. 27 a See's Candies Speaker gave each table a box of chocolates, but 1 box disappeared from a table without a trace... SOME evidence can be seen here, but if you think yourself a detective, observe the clues! Congrats to our members, Bobbie and Val, for receiving some amazing recognition!



Exhibit A
The box is placed on the table & Harry digs in!

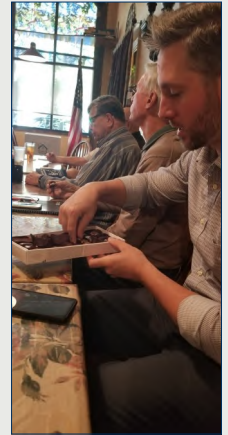


Exhibit C
Ryan selecting his Piece.



Exhibit B - The box made it to Ron!



Exhibit D - Two presidents in Cahoots??



Bobbie receives a deserved award!



Val receiving Member of the Month Award!

Kiwanis Club of Roseville

Contributed By Anna Gonzales-Cifuentes

Key Club & Builder's Club Updates



The brave souls who attended Spirit Sessions for KC in preparation for Fall Rally North



Spirit Session preparation!



Builder's Club created greeting cards and collected items for troops!



Member Group Photo!

Kiwanis Club of Gold Country

Contributed By Jan & Mike Weaver

Installation Dinner



On September 22, Gold Country Kiwanis held installation dinner.



Colleen Young was installed as the new their President by Angela Nowlin.



The 2022/23 Slate of Officers.
From left to right, Bob Green, Vice President;
Colleen Young, President; David Jones, Treasurer;
and Karen Poskus, Secretary.
Not present is Justin Gross, Past President.



New Board. Back Row, from left to right:
C.J. LaCivita, Greg Nichols, Bob Green,
Colleen Young, Karen Poskus and Dave Jones.
Front row from left to right: Chuck Coovert,
Angela Nowlin, Jan Weaver, Janice' Moule,
Aldo Vibanco and Amy Spencer.



Kiwanis Club of Gold Country

Contributed By Jan & Mike Weaver

Draft Horse Classic

Gold Country Kiwanis grossed \$6803.50 at the Draft Horse event at the Nevada County Fairgrounds. We sold 266 chicken & fries; 144 fries only; 124 shrimp & fries; 46 combo; 29 fried chicken only and 33 fried shrimp only.



From left to right: Pat Donaghey; Karen Poskus; Jan Weaver; C.J. LaCivita and Colleen Young.

Nevada County Food Bank Meal Packaging Event 10/18/22



Karen Poskus, Amy Spencer, Sue Deane, Chuck Coovert, Kathleen Shaffer, and Bob Green worked hard and had a good time at the food bank packaging meals for our community's food insecure. Three people from the Nevada County Probation Dept. helped to fill out our line. The eight of us packaged 2750 meals. Another 2750 meals were packaged by the other line on our shift. In total 11,000 meals were packaged during this event.

Kiwanis Club of Gold Country

Contributed By Jan & Mike Weaver

Spooky Booky

Gold Country Kiwanis participated in the annual Nevada County Library Spooky Booky Event on Friday, October 28th. GC Kiwanis gave away books, beanie babies and candy for the participants. There was a great turn out for this event."



Children looking at the GC Kiwanis table for goodies.
Amy Spencer as a clown and Karen Poskus as a cat.



Amy Spencer and Karen Poskus



Al Schafer as Shoo-Shoo the Clown.



Karen Poskus, Al Shafer and Amy Spencer



Kiwanis Club of Gold Country

Contributed By Jan & Mike Weaver

Costume Contest

"Gold Country Kiwanis held a Costume Contest at their bi-weekly meeting on Thursday, October 27th. "



Amy Spencer as a clown won first place.



Angela Nowlin and Colleen Young dressed as cats.



Back Row: from left to right. Karen Poskus, Jan Weaver, Pat Donaghey; Greg Nichols; Susann Deane; and Al Schafer
Front Row: Amy Spencer; Colleen Young and Angela Nowlin



At Gold Country Kiwanis' meeting on October 27th, Past President, Justin Gross, presented a Certificate of Appreciation to Matt Gross (his brother) and Haven Caravell of MEC Roofing for putting a new roof and gutters on the Kiwanis food booth at the Nevada County Fair.

Kiwanis Club of Carmichael

Contributed By Mike Koerner

Jenny's Presidential Goals



Jenny's acronym is T.A.L.E.N.T for the year

T - Togetherness - Bringing the members and community together. Wants everyone in Carmichael to know who we are by getting out there.

A - Achievement - Helping kids putting achievement in what they do and succeed.

L - Leadership - Teaching children to become the leaders of the world. Encouraging our members to become more involved in activities with children.

E - Enrichment - Such as Koobs, giving kids.

N - New Experiences - bring new experiences that children might not have an opportunity to experience. Bringing people together to bring new experiences to.

T - Thinking - How to bring more enrichment to children. Martin suggests a self-defense class.



Kiwanis University

Two for Two - Dr. Valerie Brown. The importance of spreading the word about the club and gaining new people. The most important person in the club is the person that shows up. Someone in the club you want to know, get together with that person and go out and recruit someone into the club.

Three things to do. Ask: What do you love most about your club? Why your Club instead of another? Lastly, Invite them to an action. Do these three things by getting them involved. Inviting people is a habit. Develop a new habit of inviting people.

Kiwanis Club of Carmichael

Contributed By Mike Koerner

New member Induction - Martin Ross



Mike Koerner introduced Martin to the group. Our newest member Ross Martin

Family - Martin was born in Germany. His Dad was in the US Air Force. His mother was a teacher. Martin has an older sister and a twin brother. He was raised in Orangevale. Schooled at San Juan schools. He was Class President at San Juan High School. Martin has been married for 30 years to his wife Tory. They have three daughters, one a graduate of UC Berkeley, two attending American River College.

Education - Martin graduated with a B.S. in Chemical Engineering from the University of California at Berkeley and completed his Master's Degree in Business Administration from California State University Monterey.

Career - Martin worked for the EPA Department of Drinking Water. He is currently the Deputy Director of External Affairs, Partnerships & Workforce Development at the Health Education Council. He also currently serves as Chairman of Sacramento County Equal Employment Advisory Committee and is a Commissioner with the Sacramento Housing Regional Authority.

Interests - Martin has a passion for social justice, multicultural outreach, capacity building for community transformation, and workforce development, along with the impact he believes whole person and whole family approaches can play in these areas. He is a black belt martial artist and a talented steel drum player and percussionist. Martin speaks Spanish semi-fluently and knows how to say hello in about 30 languages.

Volunteer Interests - Martin has served in non-profit executive leadership roles for 20 plus years with Ready To Work and with the Salvation Army. He is a past Kiwanian and Rotarian in Lodi and Stockton. Asked why he wants to join the Kiwanis Club of Carmichael, Martin wants to see change through community service.

Kiwanis Club of Carmichael

Contributed By Mike Koerner



President Jenny Hawley, running our meeting.



Donna Miller, Co-Chair of the Taste of Carmichael announcing the Taste



Jane Hastings does guided tours of the Sacramento Underground dressed as Miss Odessa. Miss Odessa was a matchmaker during the mid 1800's and was an observer of the large migration of gold seekers and immigrants looking for a better life. She saw the town flood and have to be raised 12 feet over several years. Governor Stanford had to reach the capitol by rowboat! (Today we are the number one city likely to flood in the United States.)

Ms. Hastings did a wonderful job of staying in character while telling the history of Sacramento between 1849-1860's. She made fun of the unprepared miners, ladies of the night and scalawags who drank too much. She mentioned also that the history museum is searching for journals, diaries, and letters that would recount how the immigrants survived.

There are daytime family tours and adult evening tours. In addition, there are Gold Fever tours and school tours available.

Kiwanis Club of Carmichael

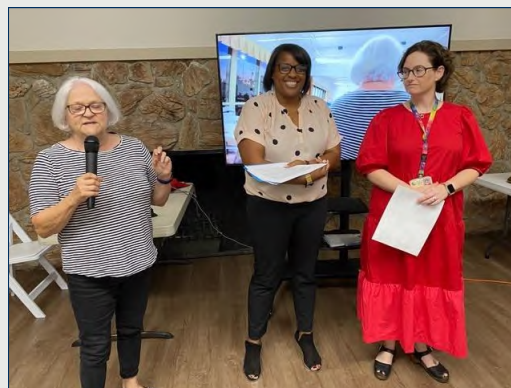
Contributed By Mike Koerner



Giving Tree planting on October 9th at Cameron Ranch Elementary School (thank you to Susan Skinner and the Carmichael Times for this photo).



Song: Jenny – The Adams Family / Jenny and Sharon dancing.



Early Childhood Education at Marshall Elementary was presented with a \$400 check from Young Children Priority One to support their reading program.



Kiwanis Club of Carmichael

Contributed By Mike Koerner



*Inspiration: **Martin Ross** quoted Lincoln and Martin Luther King who pointed out that a divided house does not stand and neither does a divided people. Everyone should be treated with respect...no matter their beliefs...if we want to thrive and make a future for our families.*



***Halloween Spirit:** We had sixteen members in costume and we took a Halloween group picture, in keeping with a tradition for our club.*



New member Caroline Fox with Mike Koerner and Linda Martin

Kiwanis Club of Carmichael

Contributed By Mike Koerner

Honoring Those Who Serve
Veterans Day November 11



La Sierra High School Veterans Memorial
Earl J. Koobs Nature Area
5325 Engle Road, Carmichael
10AM-2PM
Colors presented at 11AM

For more information:

 [Facebook.com/carmichaelkiwanisclub](https://www.facebook.com/carmichaelkiwanisclub) or [La Sierra High School, Carmichael](https://www.facebook.com/LaSierraHighSchool)
www.calcadetcorps.org www.kiwanisclubofcarmichael.com
Linda Rose Jones @ 916-944-2393 or Tony Asaro @ 916-214-9405



Kiwanis Club of Carmichael

Contributed By Mike Koerner

Koobs Veterans Day

Koobs Veterans Day Ceremony: November 11, 2022 - The Kiwanis Club of Carmichael hosted a very moving and meaningful remembrance ceremony for Veterans Day. Special thanks to Linda Rose Jones for a wonderful job as MC, and many other club members for their help.



MC Linda Rose Jones



Tom Murphey looks on



Musician Todd Morgan



Caroline Fox and the Song Ob La Di, Ob La Da

Kiwanis Statement on Diversity and Inclusivity

"The Kiwanis Club of Carmichael is an organization with heart and soul, driven by a diverse and inclusive community of passionate people who are making a difference throughout the world."

Kiwanis Club of Rancho Murieta

Contributed by Jack Siegel



Kiwanis Club of Rancho Murieta

Presents

The “PAPER PLATE AWARDS”

- Recognizes members for an achievement or hard work in the community
- Recognizes members for a funny quirk, gesture or most embarrassing moment
- Meant to liven up and lift spirits for members at the monthly meetings
- Awards will be given out at the 2nd meeting of the month
- Nominations are due the Tuesday prior to that meeting and should be sent to bonnie_shewchuk@yahoo.com
- Any member can nominate a member for an award
- 2 awards will be given at the meeting(funny and achievement)



Sunday Barrow
Chair of Music Mike Concert

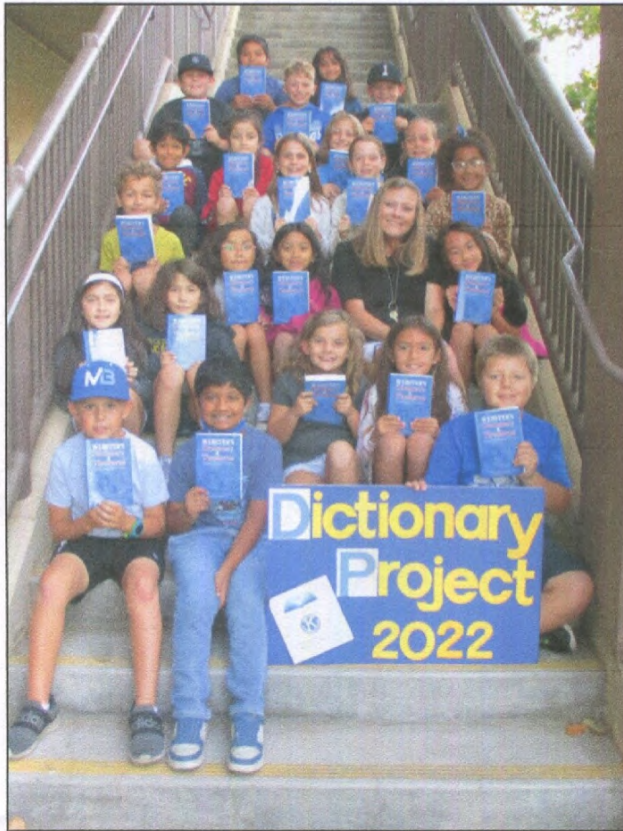


Bill Kenney
Chef for Key Club servers
at Farm Fork Dinner



Kiwanis Club of Rancho Murieta

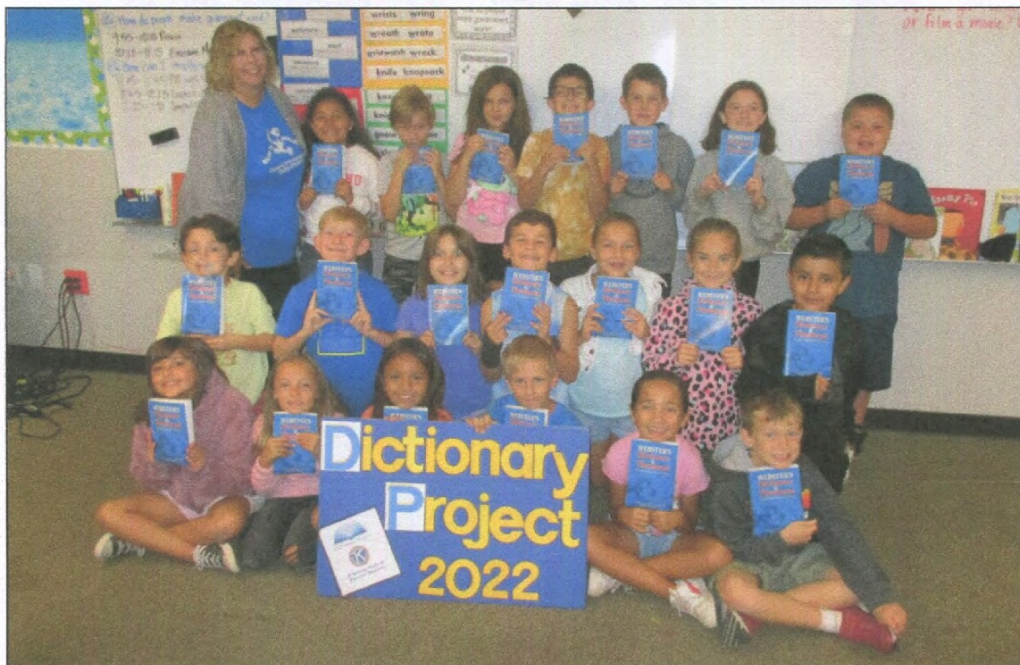
Contributed by Jack Siegel



The purpose of The Dictionary Project is to provide dictionaries to students to keep to use as their own personal reference books. The project believes that a dictionary is an essential tool for a quality education and that a student cannot do his or her best work without one.

The Kiwanis Club of Rancho Murieta Foundation, Inc. provides dictionaries to all third grades in four elementary schools on an annual basis.

**Ms. Shehorn
Third Grade**



**Mrs. Wathen
Third Grade**

Kiwanis Club of Rancho Murieta

Contributed by Jack Siegel



K-Kids is a service leadership program for students in elementary schools.

Our foundation sponsors a K-Kids program in Cosumnes River Elementary School.

Each year our K-Kids participates with KCRA 3 Kids can FOOD DRIVE.

The food is then taken to the Elk Grove Food Bank Services (which is the food bank that services our area).



This year K-Kids collected used books which can be distributed by the Elk Grove Food Bank Services.

In addition K-Kids have a recycling program at its school. CRV items (bottles and cans) are collected and taken to the recyclers.

K-Kids Faculty Advisor reports that the results this year are:

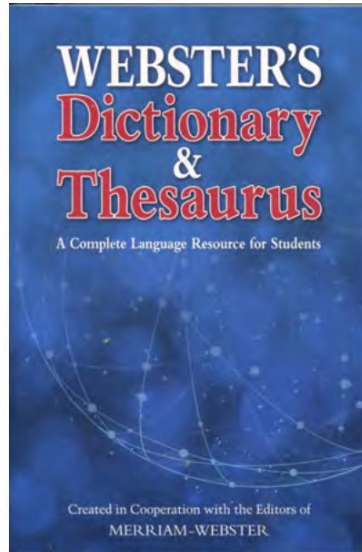
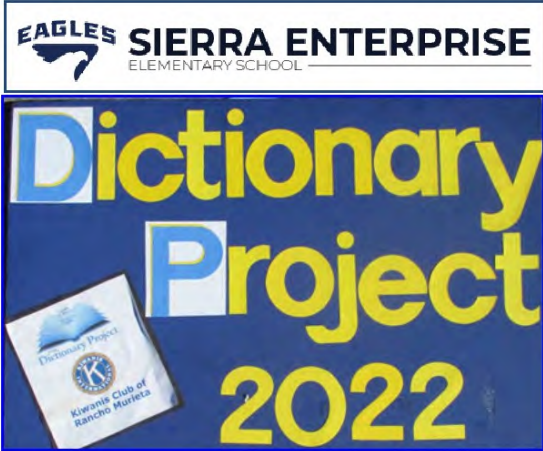
1. 1.3 Tons of food
2. 650 books
3. \$500 was taken from the recycling fund to purchase turkeys for the Elk Grove Food Bank Services.

It took three pickup truck loads to transport the 1.3 tons of food to the food bank.



Kiwanis Club of Rancho Murieta

Contributed by Jack Siegel



Our Kiwanis Club of Rancho Murieta Foundation, Inc. distributes dictionaries to third graders. This month's report covers the third graders in *Sierra Enterprise School*.



Division Inter-Club Meetings

Contributed By Michael Luciano

Inter-Club: An inter-club meeting is a meeting or activity staged by two or more Kiwanis family clubs including Division Council Meetings, Kiwanis Club, Circle K, Key Club, Builders Club, K-Kids, Aktion Club, Conferences & Conventions.

The definition of an inter-club was expanded from simply attending another Kiwanis club meeting to include attending **Fundraisers, Projects, Activities and Social Events of another K-Family Club.**

The broadened definition promotes more opportunities for fellowship, education and encourages greater interaction between **Kiwanis Clubs and our Service Leadership Programs:**

- **Clubs with 20 or Fewer Members need a minimum of two members in attendance to constitute an Inter-Club Meeting.**
- **Clubs with 21-30 of three members need a minimum of three members attendance to constitute an Inter-Club Meeting.**
- **Clubs with 31 or More Members need a minimum of four members in attendance to constitute an Inter-Club Meeting.**

Visiting groups shall be composed of a minimum of two Kiwanians plus members of K-Kids, Builders Club, Aktion Club, Circle K, or Key Club must be in attendance. A Lieutenant Governor can only be included if they are a member of the participating club.

Inter-Clubbing is a means of supporting **Kiwanis' Fifth Object**, which is **"To provide, through this club, a practical means to form enduring friendships, to render altruistic service, and to build a better community"**.

Through the fellowship gained by inter-club activities, members learn how other clubs function, get to know their neighboring Kiwanians, develop new ideas and a broader interest in how Kiwanis operates, find new ideas for use in their own club, and become better Kiwanians.

Inter-Clubbing creates fun and strong fellowship.



Division Council Meeting (DCM)

Contributed By Gail Cirata

Date / Host Club

Monday, November 12, 2022 / Division 44 Lt. Governor's Installation

Monday, October 10, 2022 / Club Host Kiwanis Club of Citrus Heights

Monday, November 14, 2022 / Club Host Key Club

No DCM in December

Monday, January 9, 2023 / Club Host Kiwanis Club of Lincoln

Monday, February 13, 2023 / Club Host Kiwanis Club of Gold Country

Monday, March 13, 2023 / Club Host Kiwanis Club of Lincoln Foothills

Monday, April 10, 2023 / Club Host Kiwanis Club of Folsom Lake

Monday, May 8, 2023 / Club Host Kiwanis Club of Sacramento Suburban

Saturday, May 13, 2023 / CNH Governor's Visit / Sacramento

Monday, June 12, 2023 / Club Host Kiwanis Club of Auburn

No DCM in July

No DCM in August

What

A meeting where members from the different clubs in Division 44 get together to share successes, plans and concerns. A time to honor our differences and celebrate our achievements.

When

*The second Monday in October, December, January, February, March, April, May and June. We count the Lt. Governor Installation Dinner as a DCM. **No DCMs in July, August or December.***

- *All Meetings are on Zoom until further notice / 2nd Monday of Each Month: 5:30 PM*

Who

- *All members of our Kiwanis Family. New Kiwanis Members. Some Clubs require a DCM visit. Guests are always welcome.*

Where

- *Via Zoom*



Division, District & International Calendar of Events & Activities

Kiwanis Division 44

2nd Monday

*Division Council Meetings - 6:00 PM Zoom Meeting Online
No DCMs in July, August or December*

February 18, 2023

*Regional Training Conference
TBD*

Kiwanis CNH District

January 28, 2023

*Kiwanis CNH Mid-Year North Conference
Monterey Conference Center
Monterey, CA*

August 10-12, 2023

*Kiwanis CNH District Education Convention
Nugget Casino Resort
Sparks, NV*

Kiwanis International

June 21-25, 2023

*Kiwanis International Convention
Minneapolis, MN*

Newsletters, Articles & Photos Submissions

e-Mail your Newsletters, Articles and Photos to Michael Luciano for publication by the last day of the month. Please include an Article Narrative and Names of People in the Photos.

Newsletter & Website Club Information

Club Officers, please review your Club Information Webpage and Newsletter Club Information Page for accuracy and submit Updates / Changes to Michael Luciano. Clubs are responsible for the accuracy of their Club Information.