



TM
**Ronald
McDonald
House®**
South Louisiana

Suggested Items for Care Bags


Your donations provide comfort
and stress relief for families at
Ronald McDonald House South Louisiana.

Creative & Calming Activities

These helps make time and reduce
both for kids and adults




- Mini coloring books (adult + kid options) 
- Small pack of crayons, colored pencils, or twistable crayons 
- Watercolor brush pens with postcard-sized paper 
- Sticker sheets (animals, inspirational, characters) 
- DIY bracelet or bead kits (pre-portioned in small bags) 
- Origami paper with simple instruction cards 
- Mini craft kits (felt animals, foam shapes, pipe cleaner creations) 

Comforting Reading Material


- Short, uplifting, and easy to pick up and put down 
- Small storybooks for kids
- Inspirational quote cards
- Short devotionals or mindfulness books

Quiet, Portable Games

Perfect for hospital waiting
rooms or quiet events

- Travel-size puzzles (24–100 pieces depending on age) 
- Mini card games (Uno, Go Fish, Old Maid) 
- Puzzle books (crosswords, word searches, Sudoku)
- Fidget toys (pop-its, stress balls, tangle toys) 
- Magnetic travel games (checkers, tic tac toe)

Writing & Memory Items

- Mini notebooks or gratitude journals 
- Fun pens or gel pens
- Postcards they can mail to loved ones
- A "Today's Bright Spot" card to encourage reflection



Please consider bringing a selection of these items with you, or if your club is unable to attend, a **donation** (link provided on website) will allow the service project committee to purchase needed supplies to fill the kits. Thank you!!!